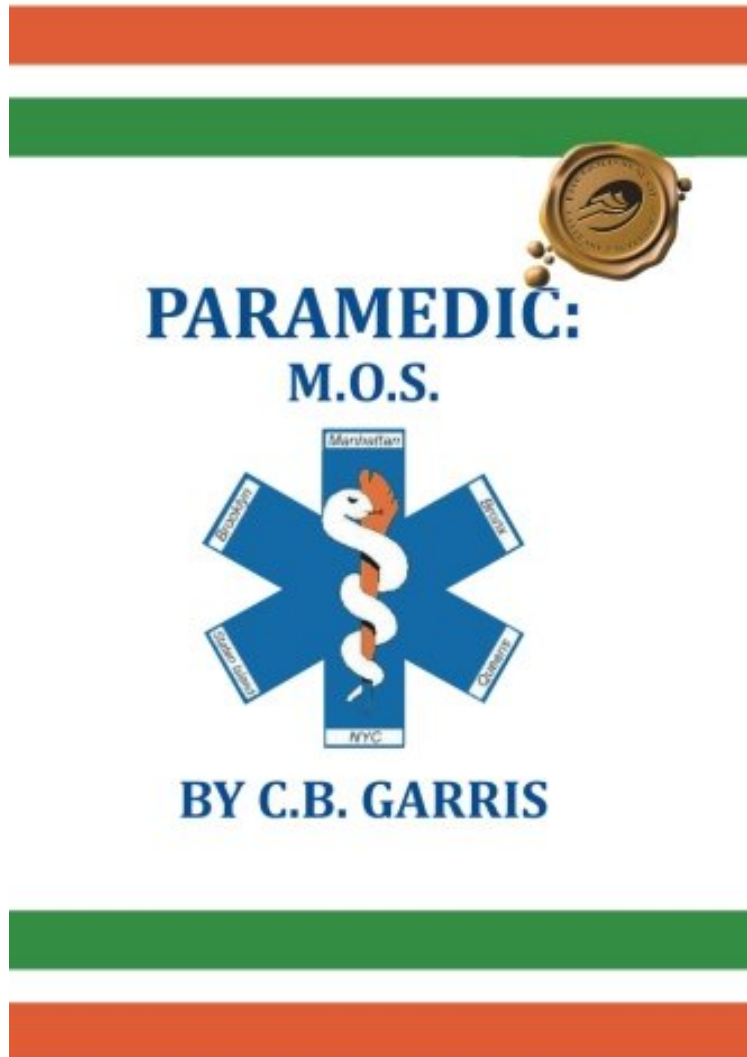


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C.B. Garris

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#2138670 in Books C B Garris 2015-04-08 2015-04-08Original language:EnglishPDF # 1 9.00 x 1.06 x 6.00l, 1.24 #File Name: 1490758046422 pagesParamedic M O S | File size: 68.Mb

C.B. Garris : Paramedic: M.O.S. before purchasing it in order to gage whether or not it would be worth my time, and all praised Paramedic: M.O.S.:

4 of 4 people found the following review helpful. An incredible readBy TFLReaderI have had several friends and a few family members who have worked in emergency services and have always been mesmerized by their stories. The career is something that has always struck as being both a calling and a great ongoing adventure. I have often wanted to experience this to an extent but am a bit lazy so limit my experiences to the pages of fiction. This is the first memoir-type book that I have picked up on the life of a paramedic and I don't think that I could have picked a better

one. "Paramedic: M.O.S." is an incredibly well-written description of what living the emergency services life is like in the most bustling city in the world - NYC. Author C.B. Garris takes the reader through his own experiences of being a paramedic in New York City, from the very beginning with his training until he makes the tough decision to give up the strenuous life after suffering injuries from an in the line of duty accident. There are some very real and touching stories in this book that make the daily life a paramedic both relatable and almost superhuman. While I had respect for these people before, it has gone through the roof after reading some of these stories. One of the things that struck me the most about this book is the way that many paramedics seem to give their entire beings over to this profession, and oftentimes pay a very high price for doing so. Many end up having emotional, family and other issues and, while the job may be rewarding beyond measure, it comes at a high personal cost. Fantastic read. 2 of 2 people found the following review helpful. An Inside Look of the Daily/Nightly Life of a EMT and Paramedic By Cayce Hrivnak Heroes may come in all types of forms. When 9/11 occurred, our whole world was shaken up. From police to firemen to the New York Paramedics, this situation changed countless lives. There are, however, heroes that have gone unrecognized to the public eye. I agree with the author when they say that those men and women are the EMT's and Paramedics who rushed to the scene should be known. Author C.B. Garris brings to us the inside look into the lives of these men and women who save lives day after day. It is shocking to learn in this book what they endure on a daily basis when it comes to the job. They go through so many emotional, mental, and physical strain that I was wondering how do they do it all then go back to work the next day to do it all over again. I wonder why the media haven't spoken about them more! Politics should not matter, nor red tape. If your loved one's career is in this field, read this book. If you are looking to go into it-same goes for you. Everyone needs to learn about these unrecognized heroes! 0 of 0 people found the following review helpful. beautifully told By Jane The one factor that pulled me to this book is that it is a derivative of the authors life experiences and situations. It allowed me to get an insight of what happens in the emergency rooms. It is a fusion of emotions; joy and pain. I have never respected a paramedic more! The author fuses the facts of what may happen to a paramedic as well as enriches it with a story of his life and the roller coaster of emotions and situations that comes with being a paramedic at EMS in New York. The author creatively uses powerful descriptive language that allows the plot and the setting of the book come to life. The story is well and beautiful told. He uses very simple language that allows the book to be very comprehensible. Additionally, the plot of the story is action packed and is developed in a manner that allows it to be easy to follow.

PARAMEDIC: M.O.S., pulled from the author's EMS experiences in New York City; was assembled to provide deeper insight into the mind of a New York City Emergency Medical Technician/Paramedic; and is dedicated to all emergency service workers and first responders. Inspired by true events pre-September 11th, a Paramedic of NYC EMS finds his world suddenly turned upside down by a series of in-the-line-of-duty events. In an effort to understand what brought him there, he begins reconnecting the events in his work and personal life that created this unforeseen scenario. Facing daily crises and how they apply to how he entered this line of work, readers are also shown the closeness that is felt and experienced working in such close proximity to those who face death and destruction together as a team daily. Comforted and kept together by his female mate, readers are taken through the sometimes playing field and often minefield of Emergency Medical Services in New York City and what it means to be a Member of the Service. PARAMEDIC:M.O.S. is a profound, intense and deeply personal look into the experiences on the frontlines of Emergency Medical Services in New York City. EMTs and paramedics not only experience the highs and lows of constant exposure to psychologically traumatic events but in addition to the constant intensity of patients revived or lost due to these events. Furthermore, while not the norm; EMTs and Paramedics are also forced to deal with coworkers who are sometimes ineffective, self-serving, uncaring, as well as bureaucratic red tape, politics, and often personal tragedy within their own fraternal public safety family. These incidents rarely, if ever, get reported in the general media and thus the world never learns about this insulated environment. This book was created to share the human condition of EMT's and Paramedics, their camaraderie, bravery, and skill. Although September 11, 2001 claimed at least eight precious lives of these specialized rescuers, not even this was enough to direct attention toward the New York City Emergency Medical Technicians and Paramedics who lose their lives daily or are permanently scarred in the line of duty. The title of "hero" for those that have died and those that are out there every day risking their lives to save others existed long before September 10th changed calendar days.

"An engaging human interest story that is not only eye-opening, but also can be life changing for those who dare to read it." - The US of Books "Great read as the author brings you right into the action as you respond on calls. Besides getting a feeling of what it is like working the streets, you get an inside look at the life of those doing this challenging job. Reading the stories you will see the caring and dedication to the job C.B. brought with him." - George Steffensen, EMT-P, Author of Paramedic Buff to Burn From the Author Throughout most of time, the now dubbed "first responder" and especially those holding the EMT and Paramedic designations; are those who have largely and broadly been at best opaque, but mostly transparent in our society. It was not until the tragic events of 9/11 where a collective conscious occurred in our nation about the dangers of these highly skilled and courageous individuals. Prior to that

date, many people would call 9-1-1 or their local operator for help. Help was anticipated and expected; and rightfully it should have been and still should be. Still, the professionals who arrive do so and depart unknown to those they are saving, to their families or friends. In this instance of 9/11, the world stage would see the inherent dangers faced by these selfless and dedicated people who serve to protect them in the shadows every day. The world witnessed in large scale, the eventual question faced by every first responder; "Will I go home alive tonight at the end of my tour?" That day would illuminate these special people finally, but in the wake of tremendous tragedy for their own and for our nation. Still, throughout the media coverage, while two segments of the triad of first responders were recognized respectively, one element was left dubbed simply as "emergency workers;" the EMT's and Paramedics. It is not the public's fault nor the media, but perhaps a lack of understanding of the insular environment that cascades these first responders. Of the little attention provided or understood, much of it has been satirical, which I would relegate to a person's way of handling the daily tragedy that is seen by these first responders. It is always easier to make something comedic, rather than deal with its reality for a lot of people. That is a natural human reaction. At the same time, something is lost in translation and hence the reason for this book. I want the world to know more about these individuals, the instances and obstacles we face, on and off the job; and often what even drives some to join. Each person has a story and then some stories develop also through each call and through the course of a career. There are very dedicated men and women out here, professional and volunteer all over the world; saving lives and doing their part to ensure loved ones make it home. In the instances where they may not come home, at least their loved ones will know that they were treated with compassion, caring and the best care they could receive in tragic moments, and that every step was taken to make a difference. This book is part of that matrix, to bring you inside our world of chaos and camaraderie, of caring and danger; sometimes facing things we hope never to experience. I had the honor to serve with an amazing crew of EMT's and Paramedics in New York City, and I can only hope that others, no matter what field of work they are in, have the connection and fraternal family experience in their professional lives that I did and still do. It is something so strong that I wanted to share it with the world.

About the Author
C. B. Garris, author of the award-winning, critically acclaimed book, *PARAMEDIC: M.O.S.*, is an EMS Paramedic/First Responder, Firefighter, Emergency Management Specialist, a legal subject matter expert and a former member of NYC EMS {the New York City Emergency Medical Service; now entitled FDNY-EMS}. Born in New York City and graduate of the Northeastern University Paramedic Program with a clinical internship in emergency medicine/shock trauma at the Boston Medical Center, in Boston, MA and the University Hospital (UMDNJ) in Newark, NJ; he served as an Assistant Watch Commander/Senior Emergency Management Specialist and Special Operations Resource Coordinator in the 9-1-1 Command and Control Division, coordinating tactical operations in New York City. He was the EMS logistical resource coordinator for the original terrorist bombing attack on the World Trade Center in 1993, an Instructor of Emergency Medicine at the UCLA Medical Center/Center for Prehospital Care, an Emergency Management/Dive Rescue Coordinator to the motion picture industry, and is a clinical regulatory/biomedical specialist in emergency medicine, tactical/urban combat medicine and advanced resuscitation.