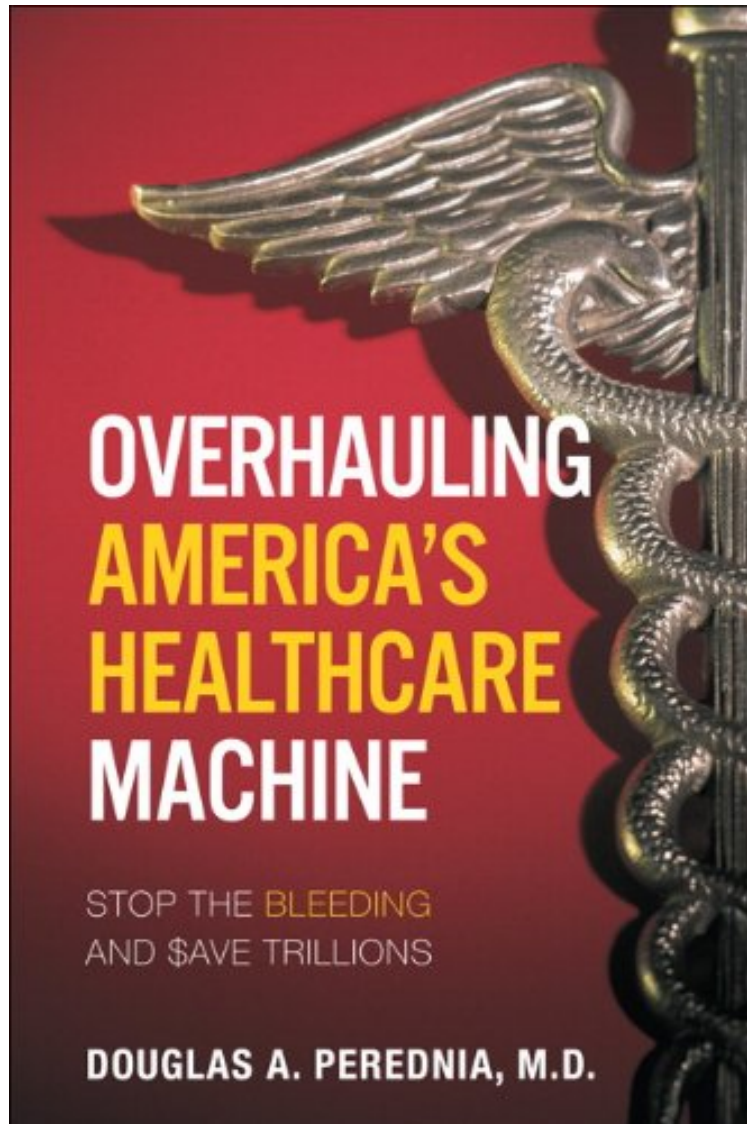


[Free read ebook] Overhauling America's Healthcare Machine: Stop the Bleeding and Save Trillions

# Overhauling America's Healthcare Machine: Stop the Bleeding and Save Trillions

*Douglas A. Perednia*

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**Douglas A. Perednia : Overhauling America's Healthcare Machine: Stop the Bleeding and Save Trillions** before purchasing it in order to gage whether or not it would be worth my time, and all praised Overhauling America's Healthcare Machine: Stop the Bleeding and Save Trillions:

1 of 1 people found the following review helpful. "It's relatively easy to see where the actions of government have gone wrong in healthcare..."By K. M.Healthcare is a complex issue with many opinions chiming in on how to best

allocate it in America. Some advocate for government to administer all healthcare, claiming it would give everyone equal coverage and reduce costs. Others argue that not everyone needs or wants all benefits that someone else may, and that the private sector is still the best mechanism for delivering efficient, effective care. Douglas A. Perednia, a medical doctor, offers his solution in *Overhauling America's Healthcare Machine: Stop the Bleeding and Save Trillions*. In his introduction, he notes the obvious: "Resources are finite, while people's wants are infinite. He acknowledges that our healthcare system (prior to the 2010 law) "wastes money and resources at an astonishing rate" but also pointedly decries the more than 2400 page legislation that is commonly called Obamacare as a "top-down approach" that "ultimately pits government regulators against healthcare providers, their patients, and you." Having rejected both systems, he then proposes specifics for improving the efficiency of healthcare services. Dr. Perednia discusses "The Nature of the Beast," "Why the Machine Is Breaking Down" and "How to Fix It." With clear and forthright text and a number of tables and graphs, this book takes the reader through the maze of that machine with so many layers of bureaucracy and paperwork, so many non-physicians interfering, and so many decisions being made about you without your consent. After learning what is gumming up the works and seeing into the system, the reader gets a no-nonsense plan for reform that includes "rationally applying healthcare information technologies," reforming malpractice laws and practices, and implementing good government rules regarding regulations that provide necessary guidance without hindering the doctor/patient relationship. We can deliver quality healthcare at reasonable prices in our country. This book offers a well laid-out strategy for success. Everyone isn't going to agree with every aspect of the proposals. For example, I think there are potential privacy problems if all our medical records are online. However, it's good to read a reform plan issued by a doctor and not some politician or staff paper-pusher. By and large, if we were to implement these solid recommendations instead of Obamacare, we would come out ahead in terms of medical care and cost.

**OVERHAULING AMERICA'S HEALTHCARE MACHINE** should be read and absorbed by everyone -- particularly those trying to make our health decisions for us in Washington D.C. (4.5 stars) 1 of 2 people found the following review helpful. Great insight! By Rudy This book offers great insight into what is wrong with the American Healthcare system and why it is so expensive. This book should be mandatory reading for every member of Congress and proficiency in its content be demonstrated, before attempting to repeal or modify the new Health care law that went into effect last year. I would extend the above to every state legislator confronted with how to reduce state health insurance costs. 2 of 4 people found the following review helpful. The best analysis I have read By Bookworm Dr. Perednia's book is the best analysis of our current and potential future states of American health care that I have read. The strength of his book is his remarkable understanding multiple different domains: the nature of medical practice, the economics of health care, and the effective deployment of innovation in health care. He is able to toggle between a 20,000 foot view of problems and drilling down practical implications of how reform might play out. He hones in on very specific addressable items relating to streamlining MD licenses and credentialing and deployment of unique patient identifiers and the cost savings which can be derived from these approaches. I particularly liked his analysis of HIT and electronic medical records. His perspective that work flow analysis needs to happen first, before processes can be automated is so on target! The devastation that is happening and will continue to happen with EHR deployment is the product of this initiative being pushed down from those who have no concept of what is required to be at the point of care. My only beef with the book is Dr. Perednia's prescription for health care reform which is dependent upon data which does not exist to build a QALY analysis approach. This portion of the book took on a *A deus ex machina* feel. In this respect Dr. Perednia's book is similar to Zeke Emmanuel's much less comprehensive book, which purportedly served as the blueprint for recent health care reform legislation. I agree with both of their views that comparative effectiveness research is a must, but we do not have the data now and the likelihood of having sufficient data in the near term is remote to non-existent. The existence of this data cannot be the linchpin of reform efforts. Despite this criticism (and the reason I gave the book a 4 as opposed to a 5), this book should be read by anyone who have an interest in the subject of health care reform. Dr. Perednia's understanding is unique, his writing style very readable, and his data impeccable. It is a tour de force. Also of note is his blog, the Road to Hellth, which is a much read and an excellent companion to his book.

Dr. Doug Perednia reveals how government and insurance company-created complexity is tearing apart the U.S. healthcare system and presents a new model for healthcare reform that will actually work. Leading physician, healthcare expert, and entrepreneur Perednia identifies specific inefficiencies and worthless administrative overhead that is making healthcare inaccessible or unaffordable for millions, driving providers from practice, and adding over half a trillion dollars annually to healthcare spending. Next, he shows how to design a far simpler system: one that delivers care to everyone by drawing on the best of both market efficiency and public "universality." Recent "health care reform" involved 2,000+ pages of complex, special interest-friendly legislation--including 168 new federal committees, program cuts, and higher taxpayer costs. Perednia offers a better way: a logical, comprehensive, and non-partisan and apolitical approach that gives providers and their patients more medical and financial security, enhances competition, would save some \$570 billion annually--and still gives individual patients real freedom. This plan isn't wishful thinking: *Overhauling America's Healthcare Machine* backs it up with detailed logic and objective

calculations. Even after the recent endless debate about healthcare, the system is still broken--and unless it's fixed, it will break us all. Perednia shows how to finally fix it: once and for all.

From the Back Cover: "Finally, a healthcare system that works! Overhauling America's Healthcare Machine is a superbly written book on what it takes to reduce administrative bloat, simplify the system, slash costs, and give all Americans sustainable medical and financial security." —William Bernstein, Bestselling author of *A Splendid Exchange* and *The Birth of Plenty* —Scholarly both in thinking and writing. A terrific accomplishment. —Dr. Donald A.B. Lindberg, Director, National Library of Medicine —Bureaucratic complexity is smothering America's healthcare system—pointless, costly, wasteful complexity created by both the government and insurance companies. In *Overhauling America's Healthcare Machine*, leading physician, healthcare expert, and entrepreneur Douglas A. Perednia, M.D., systematically identifies worthless overhead that is making healthcare inaccessible to millions, driving providers from practice, and bankrupting America. Then, he shows how to design a far simpler system that delivers care to everyone by drawing on the best of both free markets and carefully crafted public initiatives. —The Obama "healthcare reform" involved more than 2,000 pages of special interest-friendly legislation. It mandates 168 new federal committees and programs, which reflects even higher healthcare spending and billions in new taxes. Yet, the system is still utterly broken—and unless it's fixed, it will break us all. Perednia offers a better way: a logical, comprehensive, and nonpartisan approach that gives providers and patients both security and freedom, enhances competition, and will save more than \$570 billion each year. —Why we spend twice as much on healthcare—without better results The real reasons American healthcare costs more without delivering more Where does all the money go—and why? Uncovering the insane waste and bureaucracy pervading American healthcare Scrubbing the sand out of the gears Eliminating the worthless tasks, processes, and rules that cause soaring costs Focusing spending where it will do the most good Getting the greatest medical benefit from limited dollars —About the Author Douglas A. Perednia, M.D., graduated from Swarthmore College with a degree in Economics, and obtained his medical degree at Washington University in St. Louis, Missouri. A medical internist and dermatologist, he has spent many years in clinical medicine, in academia as a principal investigator for the National Institutes of Health, with non-profit healthcare organizations, and as a business executive in private industry. A popular speaker and writer, Dr. Perednia periodically works as a consultant to government, business, and nonprofit organizations. In his spare time, he writes for *The Road to Hellth* blog ([www.roadtohellth.com](http://www.roadtohellth.com)), which deals with the interactions between doctors, patients, insurers, government, and the business of medicine.