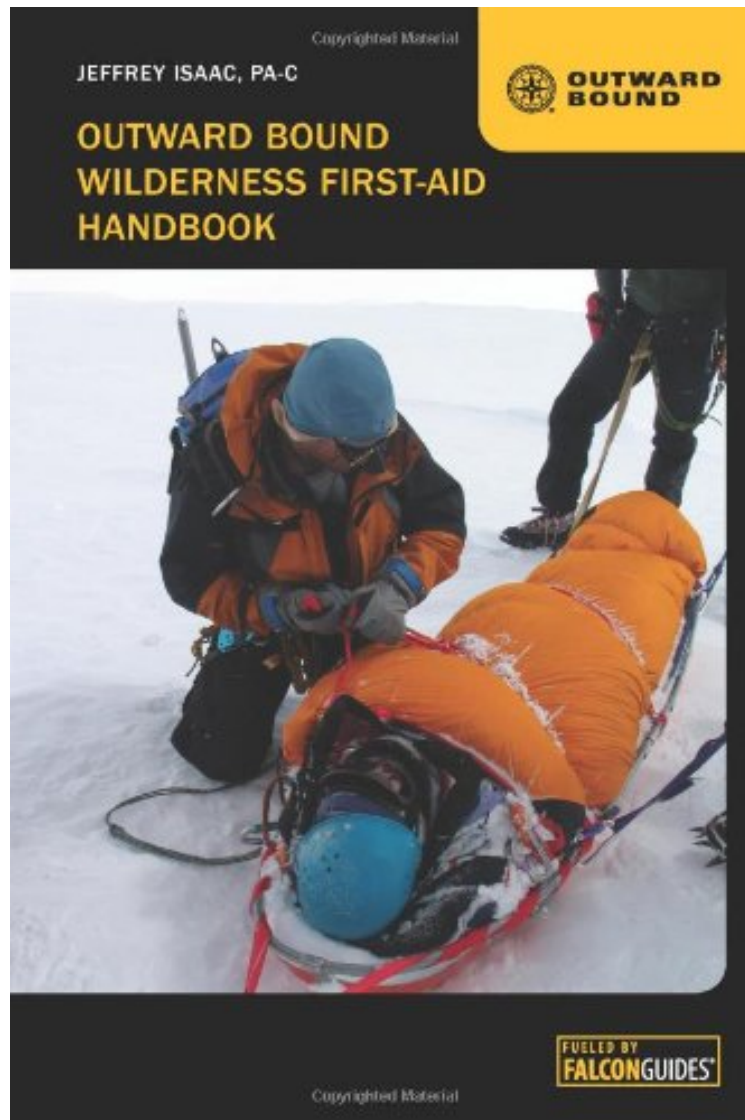


Outward Bound Wilderness First-Aid Handbook

Jeffrey Isaac

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Jeffrey Isaac : Outward Bound Wilderness First-Aid Handbook before purchasing it in order to gage whether or not it would be worth my time, and all praised Outward Bound Wilderness First-Aid Handbook:

1 of 1 people found the following review helpful. Maine source for Village Lifesaver training in the mountain villages of VietnamBy StevieI am using this guide as my main source for teaching first aid to farmers in rural mountain villages in Vietnam. It worked so well last year, I will be using the same syllabus derived from Mr Isaac's book. I work with Vets With a Mission [...] and you can follow our first aid training team on the website blog. The villages where we teach are over an hour from any hospital and there is no EMS. That is why I use wilderness medicine as a guide. I

taught Combat Lifesavers training to many, many soldiers and call this program Village Lifesavers. We do three days of training and give each student a simple first aid kit to keep. We also have doctors training the staff at the local village clinics....so you can see where we are heading.....developing an EMS system where there is none. Exciting....and I really want to thank Outward Bound and Mr Isaac for their handbook.

4 of 4 people found the following review helpful. One of the gold standards in the field
By Mark B
An absolute classic. Guides you all the way from the initial assessment to treating specific injuries and illnesses assuming that help is more than a few hours away. While it will be very difficult to remember every possible treatment for each situation, this book will at least give you a good foundation to build upon. The key is to read and study about the most likely injuries for your proposed activity. Highly recommended reference and study book.

1 of 1 people found the following review helpful. Practical, Simple, Entertaining
By Andrew Cooke
This is amazing. It's actually fun to read - made me laugh out loud at least once. It presents information in a way that I, at least, find easy to understand and remember - different problems are described in terms of a common set of core principles. So instead of having to remember a whole pile of different problems and procedures you end up with a common-sense approach that falls back on a handful of basic ideas.

It is critical for backcountry travelers to have the ability to handle dangerous situations when they occur. This includes a logical, commonsense approach to injury and illness that takes into account the unique aspects of the wilderness setting. This comprehensive reference book, based on the Wilderness Medical Associates curriculum, clearly explains essential diagnostics and first aid procedures necessary for wilderness injuries, including general principles in wilderness medicine; basic life support; medical supplies; wilderness travel; and the newest first aid methods for outdoor situations. It is an essential reference for anyone headed into the great outdoors.

About the Author
Jeffrey Isaac is a senior instructor with Wilderness Medical Associates and an experienced physician assistant with an interest in remote and extreme environments. In his many years of medical practice, he has served as an ambulance medic, fire/rescue crewman, professional ski patroller, and emergency department practitioner. For more than twenty seasons he was an instructor and course director with Outward Bound. He lives in Crested Butte, Colorado.