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Open Water Lifesaving: The United States Lifesaving Association Manual (2nd Edition)

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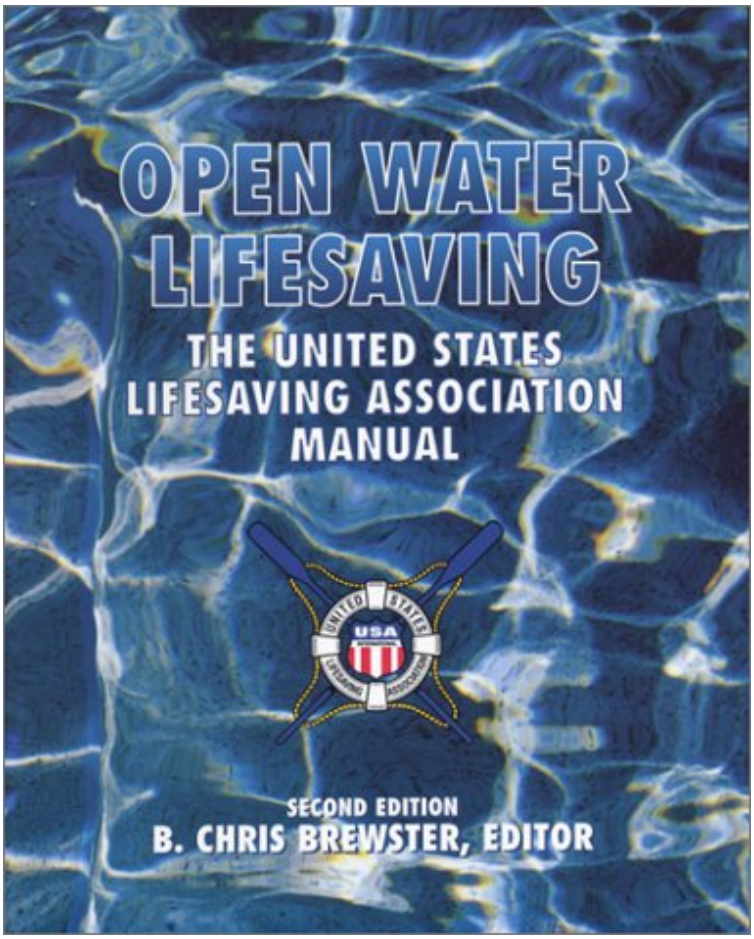

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BREWSTER USLA : Open Water Lifesaving: The United States Lifesaving Association Manual (2nd Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Open Water Lifesaving: The United States Lifesaving Association Manual (2nd Edition):

0 of 0 people found the following review helpful. Must Read for Anyone interested in the true life of your favorite beach guardBy NaboombuThis book gives an interesting historic account of how open water lifeguards came to be. It does give some general no brainer information, but all in all it is something worth the read if you seriously want to be a true open water rescuer.0 of 0 people found the following review helpful. Five StarsBy David G. StaubachProduct as described. Thank you8 of 8 people found the following review helpful. USLA Manual Used in HawaiiBy Ralph GotoThe USLA Manual of Open Water Lifesaving edited by Chris Brewster is the basic textbook used in the training programs for the following agencies in the State of Hawaii: Ocean Safety and Lifeguard Services Division, City and

County of Honolulu, Aquatics Division, County of Maui, Water Safety Section, County of Kauai, and the Aquatics Division, County of Hawaii. These agencies are responsible for providing ocean lifeguard services for their respective counties (each Hawaiian Island is considered a county, with Maui County including Molokai and Lanai and Kauai County including the island of Niihau.) All of the mentioned agencies are certified by the USLA under the Agency Certification Program. The USLA Manual of Open Water Lifesaving is the only manual of its kind that addresses the ocean/open water environment and the skills and knowledge essential to become an open water lifeguard. The manual is the result of the collaboration of lifeguards from across the country and provides historical as well as up to date information on open water lifeguarding. Descriptions of environmental conditions that the beach lifeguard will encounter and methods of dealing with these conditions are included in the text, as well as excellent chapters on drowning, prevention, rescues and equipment, and emergency medical treatment. An appendix which includes sample forms used by lifeguard agencies is also a valuable resource for those who administer lifeguard services. The textbook is well written, clearly organized, and serves as the fundamental resource for our agencies in the Hawaiian Islands.

This is the official manual of the United States Lifesaving Association. This manual is a comprehensive training and reference text for open water lifesaving. It is required for all training programs conducted in accordance with USLA Lifeguard Agency Certification Program. Learning aids are provided throughout including references, web sites, and discussion points. New material has been added in several areas, such as aquatic life hazards (shark bites and jellyfish stings), ice rescue, pathophysiology of drowning and sudden immersion syndrome, and junior lifeguard programs. Expanded and updated coverage of OSHA regulations, report forms, incident command, historical material and many other areas have been added to this extensive revision.