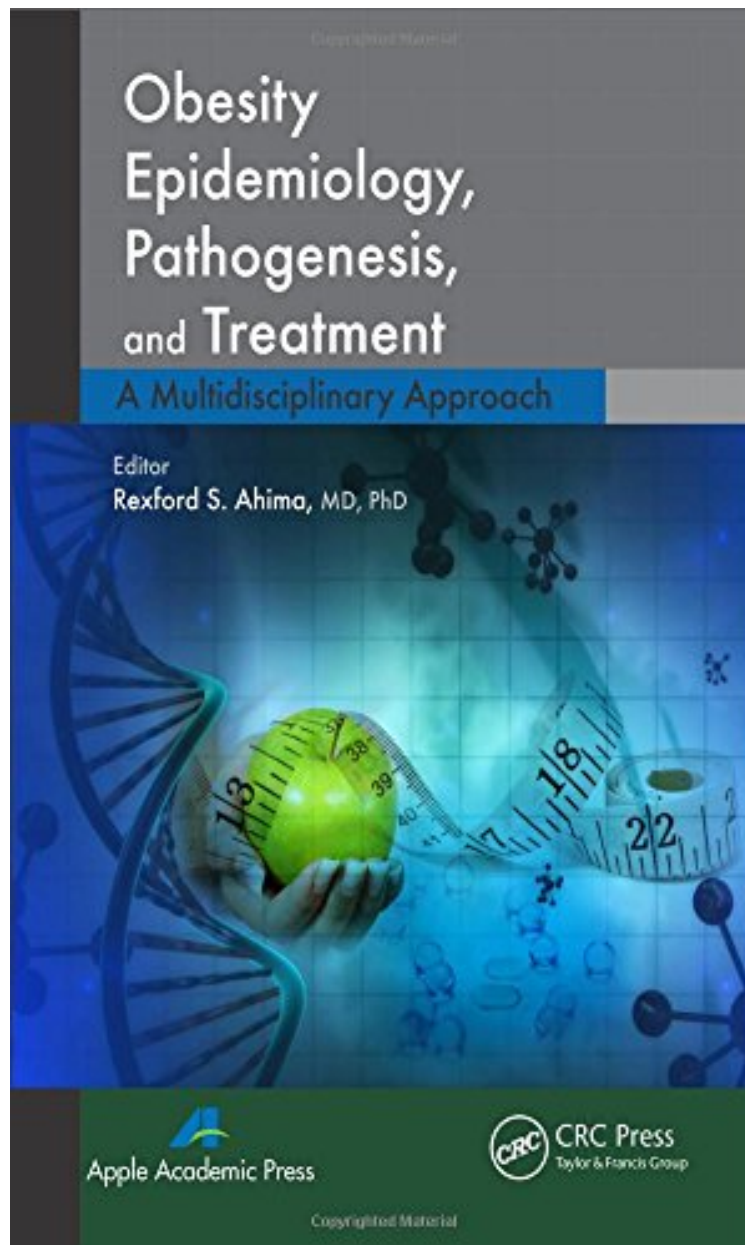


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Epidemiology, Pathogenesis, and Treatment: A Multidisciplinary Approach:

This title includes a number of Open Access chapters. The book provides a comprehensive perspective on the subject of obesity epidemiology, pathophysiology, and management of obesity. The chapters provide a better understanding of obesity and obesity-related diseases and offer an integrative framework for individualized dietary and exercise programs, behavior modification, pharmaceutical approaches, surgery, and population interventions to reduce the growing epidemic of obesity.

About the Author Dr. Rexford S. Ahima is professor of medicine at the University of Pennsylvania. He received his BSc training at the University of London, MD at the University of Ghana, and PhD in neuroscience at Tulane University in New Orleans, Louisiana. He received internship and residency training in internal medicine at the Albert Einstein College of Medicine, New York, and clinical and completed research fellowships in endocrinology, diabetes, and metabolism at the Beth Israel Deaconess Medical Center and Harvard Medical School, Boston. Dr. Ahima's research is focused on the actions of adipose hormones on energy homeostasis, and glucose and lipid metabolism. He is an elected member of the American Society for Clinical Investigation (ASCI) and the Association of American Physicians (AAP), and a fellow of the American College of Physicians (ACP) and The Obesity Society (TOS).