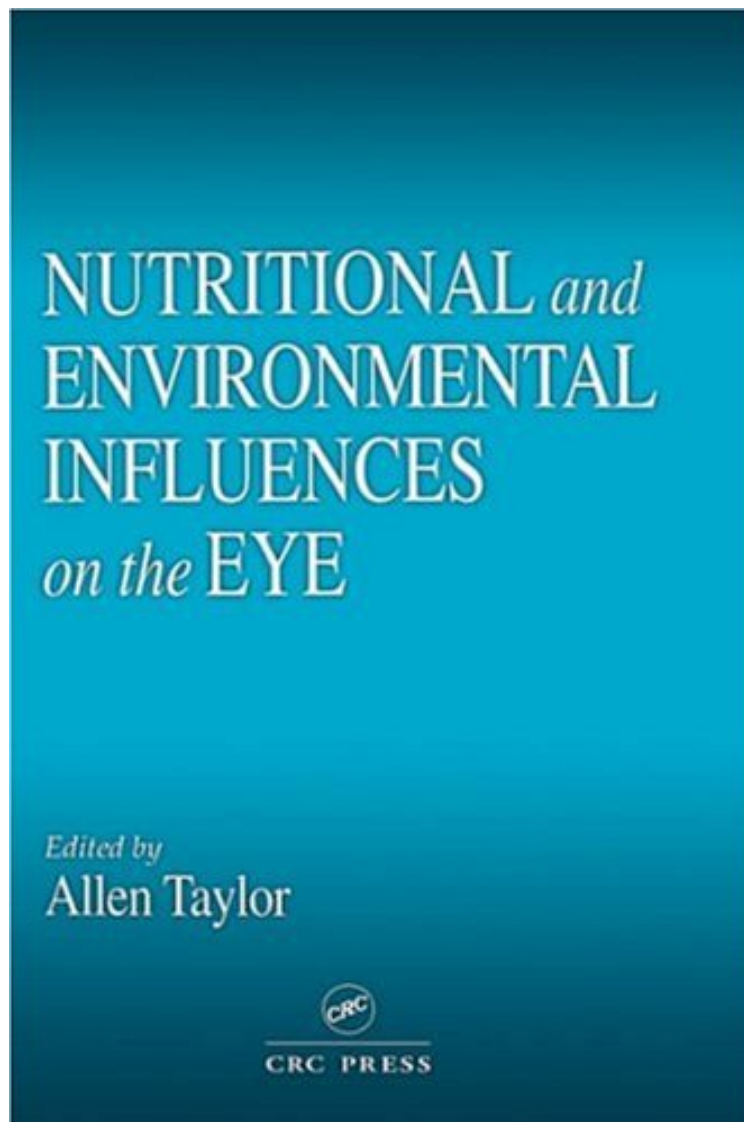


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Significant advancements in nutrition's impact on the eye have occurred faster than any volume can document... until now. This book gives the background and rationale regarding the physiological damage caused by biological oxidants as well as the rationale for the protective roles for nutrient-antioxidants and how they affect the risk for cataracts. This volume also contains information on how to quantitatively assess age-related diseases of the eye including cataracts and age-related maculopathy. Smoking and light exposure as factors for age-related eye diseases as well as the utility of potential anticataract pharmaceuticals is discussed.

"This book is the first to provide a compendium of recent knowledge involving theories of aging related to the eye, composition and structure, characterization of clinical symptoms of age-associated damage, and relationships between cataracts and/or retinopathy with ingestible antioxidants. -Jeanne H. Freeland-Graves, PhD, RD, University of Texas at Austin "It is well written and the editor is commended for creating such an integrated framework of diverse topics." - Jeanne H. Freeland-Graves, PhD, RD, University of Texas at Austin "will be an excellent resource for nutritionists, clinicians and scientists concerned with vision and diet, aging, and /or antioxidants." -Jeanne H. Freeland-Graves, PhD, RD, University of Texas at Austin "Those seeking an excellent overview of the function, problems, and nutritional implications associated with the eye conditions of cataract and age-related macular degeneration will enjoy this book provide in-depth coverage of topics in nutrition that explain, review, and explore present knowledge as well as recent trends, developments and advances." --Linda R. Shoaf, Ph.D., R.D., Journal of Nutrition for the Elderly
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