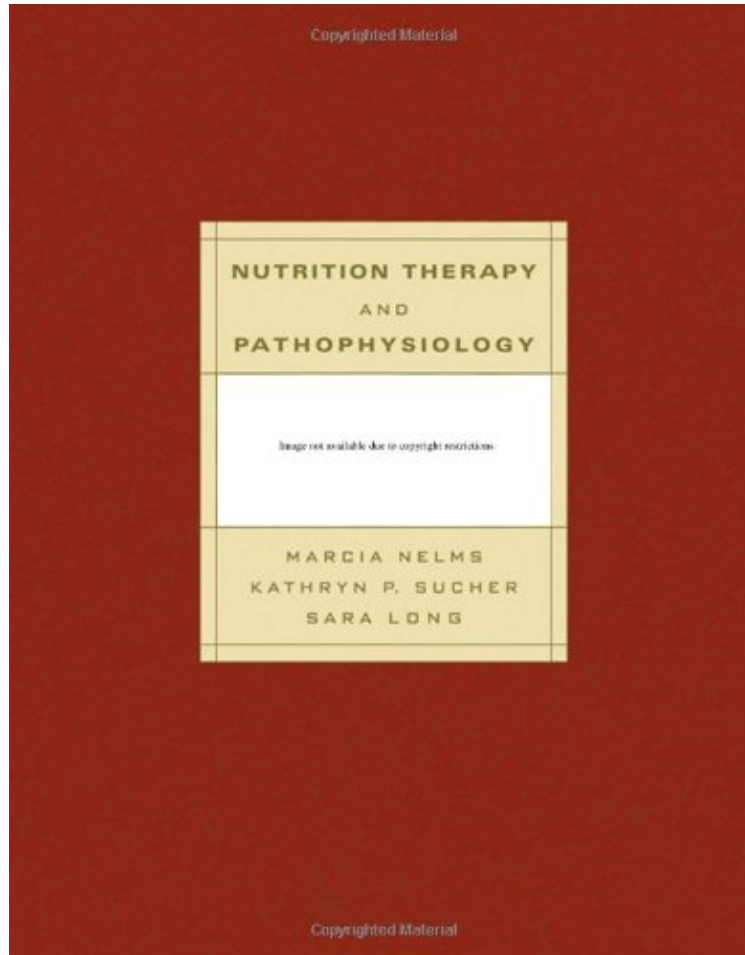


# Nutrition Therapy and Pathophysiology

*Marcia Nelms, Kathryn P. Sucher, Sara Long Roth*  
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**Marcia Nelms, Kathryn P. Sucher, Sara Long Roth : Nutrition Therapy and Pathophysiology** before purchasing it in order to gage whether or not it would be worth my time, and all praised Nutrition Therapy and Pathophysiology:

0 of 0 people found the following review helpful. Another book I needed to help me understand the therapy ...By travlr4800Another book I needed to help me understand the therapy field of nutrition. t was helpful. I would order from this seller again.0 of 0 people found the following review helpful. Three StarsBy ChrissyEasy Read.9 of 9 people found the following review helpful. Great nutrition resourceBy M.L.This book is a an excellent resource on nutrition and medical nutrition therapy. It's written in a way that makes complex concepts understandable and accessible. There are many helpful formulas interspersed in chapters and the back of the book is full of helpful charts, assessment tools, and quick nutrition guides. One of the book's authors, Dr. Nelms, is a former undergraduate professor of mine and her very thorough knowledge of MNT and skill in organizing information in an understandable, engaging manner show through in this book.I got this book while in my current dietetic internship, my professor was finishing writing it when I was her student, and I have found it to be a valuable resource to go to when refreshing myself on nutrition concepts,

especially during the clinical rotation. I anticipate using this book as a tool for many years to come. Definitely worth the investment, even if it's not a required book for a course. I also recommend her case study book: *Medical Nutrition Therapy: A Case Study Approach*.

What's the role of nutrition therapy in the healthcare system and the nutrition care process? *UNDERSTANDING NUTRITION THERAPY AND PATHOPHYSIOLOGY* focuses on nutrition therapy, diet therapy and pathophysiology topics and offers practical advice, and helps with major terms and topics. You'll prepare for your future career as you develop an understanding of nutrition therapy for each body system.

**About the Author** Dr. Nahikian-Nelms is currently a professor of clinical health and rehabilitation sciences and director of the dietetic internship in the Division of Medical Dietetics at The Ohio State University. At Ohio State, she also serves as nutrition faculty for the LEND (Leadership Education in Neurodevelopmental Disabilities) program and the Inflammatory Bowel Disease Center. She has practiced as a dietitian and public health nutritionist for over 25 years. She is the lead author for the textbooks: *Nutrition Therapy and Pathophysiology*; *Medical Nutrition Therapy: A Case Study Approach*; and *Food and Culture*. Additionally, she has contributed to the Academy of Nutrition and Dietetics Nutrition Care Manual for the sections on gastrointestinal disorders and is the author of numerous peer-reviewed journal articles and chapters for other texts. Her clinical expertise focuses on development and practice of evidence-based nutrition therapy for a variety of conditions including diabetes, gastrointestinal disease, and hematology/oncology for both pediatrics and adult populations, as well as the development of alternative teaching environments for students within their clinical training. Recently, her scholarly work has focused on the use and development of simulation activities as a component of the dietetic curriculum. Dr. Nahikian-Nelms has received the Governor's Award for Outstanding Teaching for the State of Missouri, Outstanding Dietetic Educator in Missouri and Ohio, and the PRIDE award from Southeast Missouri State University in recognition of her teaching. Dr. Nahikian-Nelms has previously served in her district and state dietetic associations as well as on the ACEND board and as a program reviewer. Dr. Sucher received her bachelor's and master's degrees from the University of California and her ScD from Boston University Medical Center in Nutritional Science. She recently retired from San Jose State University, where she taught medical nutrition therapy and was the dietetic internship director for 20 years. In addition to her research interest in nutrition therapy, she is also a recognized authority on how diet, health, and disease are affected by culture/ethnicity and religion. Dr. Sucher has published newsletters, numerous articles, and textbooks on this subject. She is also the coauthor of *Nutrition Therapy and Pathophysiology*, 3e (Cengage Learning 2016) and *Food and Culture*, 6e (Cengage Learning 2012). SARA LONG ROTH, PhD, RD, is Professor in the Department of Animal Science, Food and Nutrition and Director, Didactic Program in Dietetics at Southern Illinois University Carbondale. Prior to obtaining her PhD in health education, she practiced as a clinical dietitian for 11 years. Her specialty areas are medical nutrition therapy, nutrition education, and food and nutrition assessment. She is an active leader in national, state, and district dietetic associations where she has served in numerous elected and appointed positions, including the Commission on Accreditation of Dietetics Education, and Commission on Dietetic Registration. Dr. Long is coauthor of *Understanding Nutrition Therapy and Pathophysiology*, *Medical Nutrition Therapy: A Case Study Approach*, *Foundations and Clinical Applications of Nutrition: A Nursing Approach*, and *Essentials of Nutrition and Diet Therapy*. Dr. Long has received various awards and honors for teaching, including Outstanding Dietetic Educator (ADA) and Outstanding Educator for the College of Agricultural Sciences.