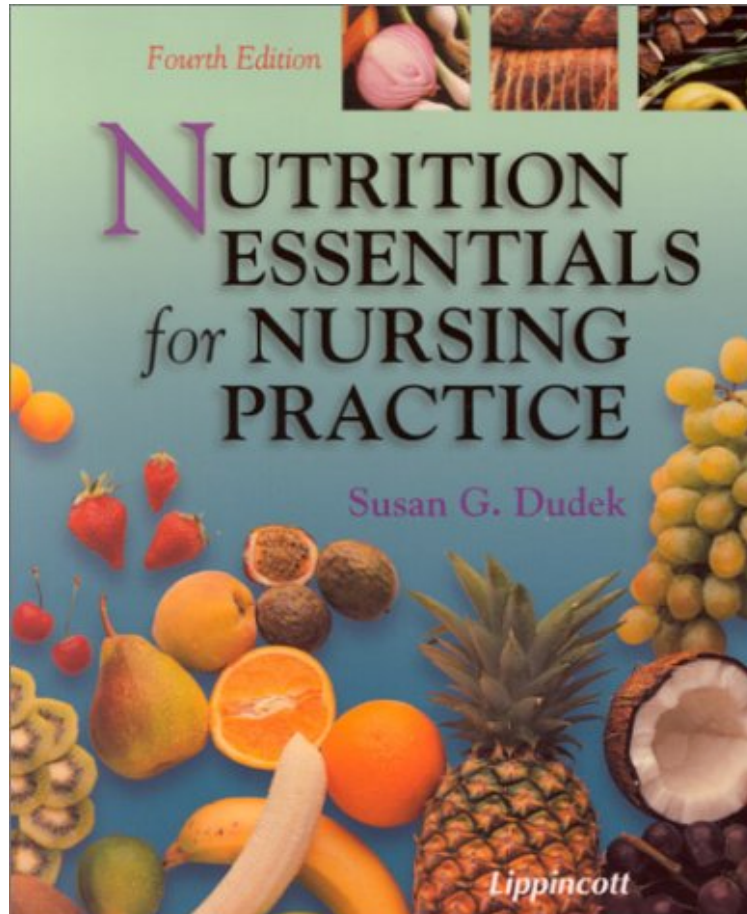


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## Nutrition Essentials for Nursing Practice

*Susan G. Dudek, Dudek*

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**Susan G. Dudek, Dudek : Nutrition Essentials for Nursing Practice** before purchasing it in order to gage whether or not it would be worth my time, and all praised Nutrition Essentials for Nursing Practice:

4 of 4 people found the following review helpful. Not my FavoriteBy bookloverThis was a required supplement text in nursing school and I was eager to review it as I previously worked as a registered dietitian. I was disappointed in this book because I felt it really dumbed-down the nutritional information needed by professionals. I realize that the target audience for this book is nurses and not registered dietitians however I believe this book really missed the mark on giving useful medication nutritional therapy advice. Today many nurses find themselves in the position to provide some form of nutritional counseling therefore, nurses need to have better training on medical nutritional therapy. I know that the American Dietetic Association offers better books of much better quality, presentation, and usefulness. This book was also boring which was unfortunate because nutrition is a dynamic and interesting field of study.0 of 0 people found the following review helpful. Requirement for my nursing class but good.By HaleyThis was a requirement for my nursing class and we didn't even read that much of it. However, the chapters I did read were

interesting and insightful. 1 of 1 people found the following review helpful. Four Stars By NYGreat product!

This thoroughly-updated, comprehensive nutrition text uses a nursing process format to facilitate the integration of nutrition into nursing care. It presents coverage of basic nutrition concepts, nutrition throughout the life cycle, normal and therapeutic clinical application, and controversial issues in nutrition. Drug Alerts discuss food and drug interactions and list appropriate interventions. Special diets and sample menus are displayed to show, at a glance, modified diets for particular problems. Focus is placed on client teaching, and sensitive guidance is offered for client needs. Numerous tables help to clarify difficult material. Included are invaluable appendices, such as daily nutritional requirements, ADA exchange lists, and nutritive food values