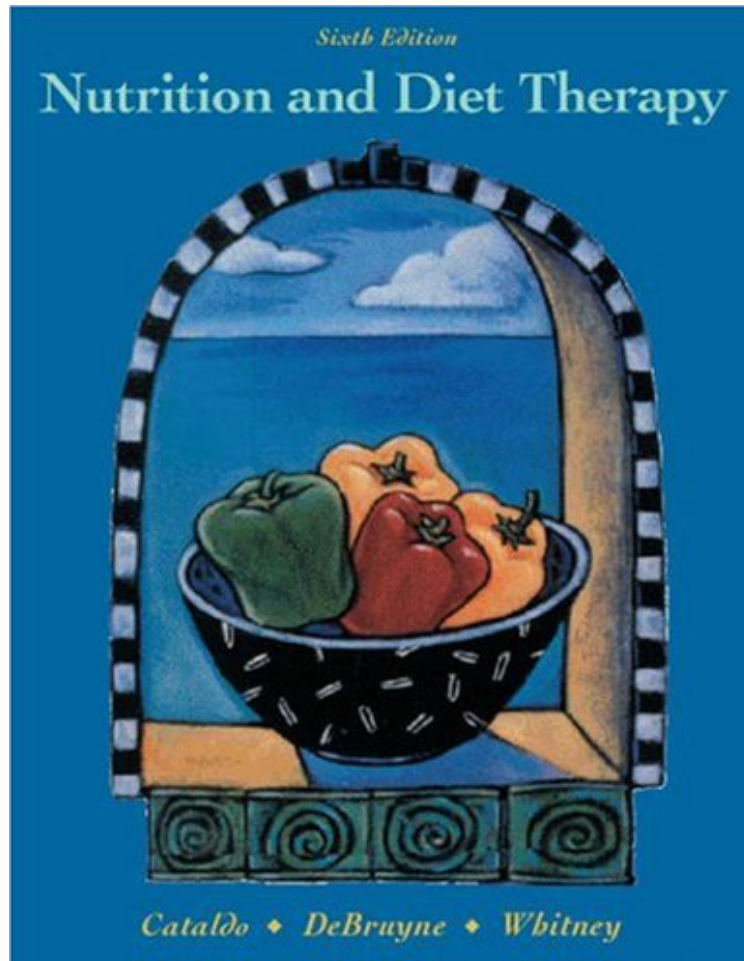


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NUTRITION AND DIET THERAPY is the only text organized by diets rather than by organ systems or disease states and distinguishes itself through rich pedagogical features. It provides core nutrition concepts and clinical content at a level that is accessible to the range of health care team members who are responsible for a client's nutrition needs. The

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"As usual, the revision does an excellent job of striking a balance between updating the previous edition relative to new research and maintaining the wonderful writing style that students (and others!) find so enjoyable to read. This has been consistent for as long as I've been reading the text, and that dates back to my first book."About the AuthorLinda Kelly DeBruyne, MS, RD received her BS in 1980 and her MS in 1982 in nutrition and food science at Florida State University. She is a founding member of Nutrition and Health Associates, an information resource center in Tallahassee, Florida, where her specialty areas are life cycle nutrition and fitness. Her other publications include the textbooks NUTRITION FOR HEALTH AND HEALTH CARE, HEALTH: MAKING LIFE CHOICES, and the multimedia CD-ROM NUTRITION INTERACTIVE. She is a registered dietitian and maintains a professional membership in the Academy of Nutrition and Dietetics.Ellie Whitney, PhD grew up in New York City and received her B.A. and Ph.D. degrees in English and biology at Radcliffe/Harvard University and Washington Universities, respectively. She has taught at both Florida State University and Florida AM University, has written newspaper columns on environmental matters for the Tallahassee Democrat, and has authored almost a dozen college textbooks on nutrition, health, and related topics, many of which have been revised multiple times over the years. In addition to teaching and writing, she has spent the past three-plus decades exploring outdoor Florida and studying its ecology. Her latest book is Priceless Florida: The Natural Ecosystems (Pineapple Press, 2004).