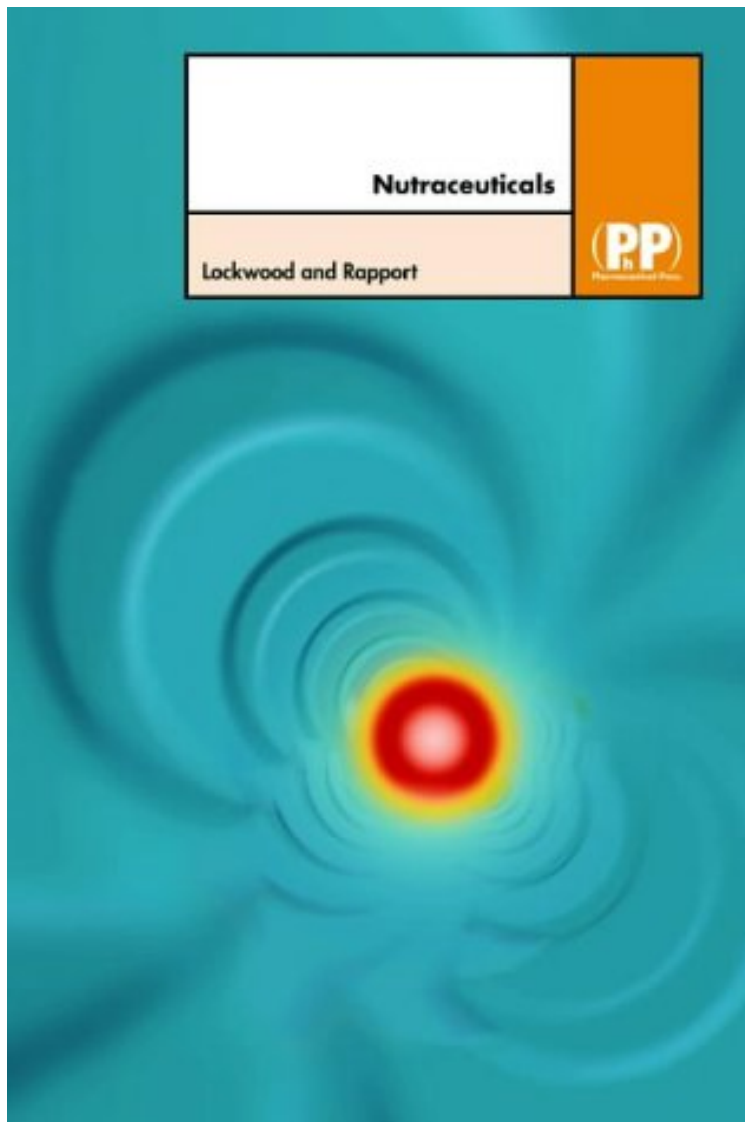


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Nutraceuticals

Dr Brian Lockwood, Lisa Rapport
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Dr Brian Lockwood, Lisa Rapport : Nutraceuticals before purchasing it in order to gage whether or not it would be worth my time, and all praised Nutraceuticals:

Nutraceuticals are the complementary medicines of the new millennium. Similar to many supplements, nutraceuticals are of natural origin. Usually obtained from a food source, they are sold as isolated, purified components in

pharmacological doses for specific ailments. This text assesses the medical and scientific evidence for some of the most commonly used nutraceuticals. Sources, uses, side-effects and drug interactions are described for: glucosamine; octacosanol; proanthocyanidins and grape products; lycopene; carnitine; flaxseed and flaxseedoil; melatonin; and ornithine alpha ketoglutarate. Also considered are the various legal categories and labelling regulations world-wide. The text should be of value to practicing pharmacists, other healthcare professionals and complementary medicine practitioners.

From the Back Cover Nutraceuticals are usually obtained from a food source and, similar to many supplements, they are of natural origin. They are sold as isolated, purified components in pharmacological doses for specific ailments. Until now, there has been little valuable information on the subject. Nutraceuticals is an authoritative text that assesses the medical and scientific evidence for some of the most commonly used nutraceuticals. Sources, uses, side-effects and drug interactions are described for: Glucosamine Octacosanol Proanthocyanidins and grape products Lycopene Carnitine Flaxseed and flaxseed oil Melatonin Ornithine alpha ketoglutarate. In addition, the introduction helps to demystify the term 'nutraceutical' and considers the various legal categories and labelling regulations worldwide. This authoritative text will be of value to practising pharmacists, other healthcare professionals and complementary medicine practitioners. Lisa Rapport and Brian Lockwood are from the School of Pharmacy and Pharmaceutical Sciences, University of Manchester, UK.