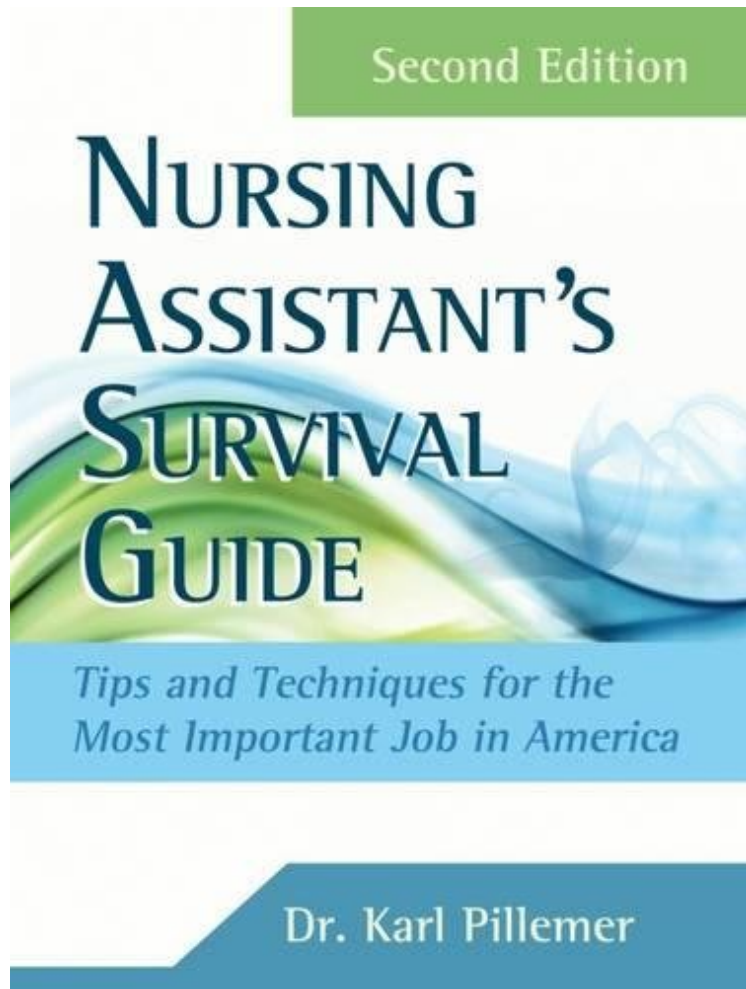


Nursing Assistant's Survival Guide

Karl Pillemer

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Karl Pillemer : Nursing Assistant's Survival Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Nursing Assistant's Survival Guide:

0 of 0 people found the following review helpful. Three StarsBy Prolific readerWasn't really what I expected. Not enough "real" life detailed advice.

Short, succinct, and easy-to-read, the Second Edition of NURSING ASSISTANT'S SURVIVAL GUIDE is filled with concrete tips and illustrations designed to teach readers the interpersonal skills needed for job success. Thoroughly updated to reflect recent changes in the field, this handy guide includes step-by-step information about how to handle specific problems such as managing job stress, dealing with death on the job, being a good communicator, getting along with your supervisor, relating to family members, working with aggressive residents, and balancing work and family.

1. What do I do when ... There's too much stress? 2. What do I do when ... A resident dies? 3. What do I do when ... I have trouble communicating? 4. What do I do when ... I need to get along with my supervisor? 5. What do I do when ... I need to get along with family members? 6. What do I do when ... Residents are angry and aggressive? 7. What do I do when ... My family and my job pull me in different directions? 8. What do I do when ... I need to lift my spirits?

About the Author Karl Pillemer, Ph.D. is the Hazel E. Reed Professor of Human Development at Cornell University and Professor of Gerontology in Medicine at the Weill Cornell Medical College. Since 1993, he has been Director of the Cornell Institute for Translational Research on Aging, a center devoted to using research to create interventions to improve the quality of life of older persons. For the past two decades, he has conducted a program of research involving staff in nursing homes and other long-term care environments. Projects have included a longitudinal study of relationships between family members of residents with staff in nursing homes, and the first scientific study of abuse of residents in long-term care. He has developed and evaluated a number of nursing home interventions, including model training, mentoring, and career ladder programs. These evidence-based interventions include "Partners in Caregiving," which builds cooperation and communication between nursing home staff and family members, and "Retention Specialist Program," which improves the ability of nursing homes to retain CNAs. He has written many scientific and trade articles on long-term care staffing, and is the author of the book "Solving the Frontline Crisis in Long-Term Care." Beyond the academic and professional community, Dr. Pillemer has created publications for frontline long-term care workers themselves, including the widely-used "The Nursing Assistant's Survival Guide." He is the founding editor of "Nursing Assistant Monthly," an educational newsletter that reaches thousands of nursing assistants nationwide. In addition, he has served as a consultant to long-term care providers, research groups, and trade organizations around the country and in Europe.