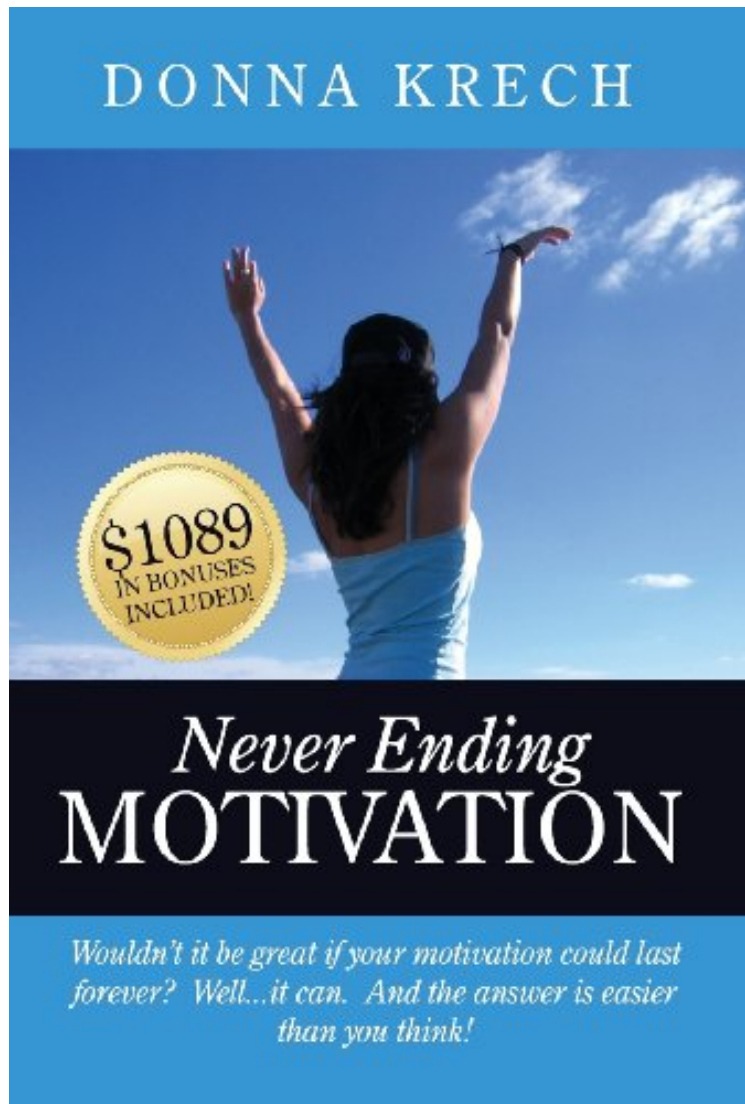


[FREE] Never Ending Motivation

Never Ending Motivation

Donna Krech

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Donna Krech : Never Ending Motivation before purchasing it in order to gage whether or not it would be worth my time, and all praised Never Ending Motivation:

Goals....we all make them; we all break them. And then we find ourselves setting goals for the same things again and again. We don't hit our goals because something comes against us - Donna Krech calls them 'Motivation Assassimators'. This book will help you identify those Motivation Assassimators and give you practical tools for

overcoming them. As owner of a national chain of weight loss and wellness facilities and a wellness expert, Donna realized that people would lose and then gain, lose and then gain again. As an international speaker and author on personal growth, she would also see people so excited when leaving a training or success seminar. In both cases, they'd be so sure that "this time" they were going to do it, "this time" they were going to achieve that goal. They set out with such great enthusiasm, but a few days later the excitement was gone and the goal was no longer being pursued. She realized the reason had to be more than the seemingly obvious. There had to be more to it than the goal they were hoping to achieve. It had to be more than just one element. Maybe it's happened to you; you look up and wonder, "What happened?" The motivation is gone. That's what's happened. We have good intentions, and we have a good plan to follow to achieve our goals, but we don't realize what comes against the motivation and stops it dead in its tracks. Inside this book you will learn what the Assassinator are and identify the specific ones that are preventing your success. You will create a detailed action plan that will get you moving toward success today. Never-Ending Motivation works with ANY goal. Aren't you tired of setting out to achieve a goal and not achieving it, then setting out again to achieve that same goal again, and not achieving it, again? You can change that when you identify which Motivation Assassinator has stopped you.