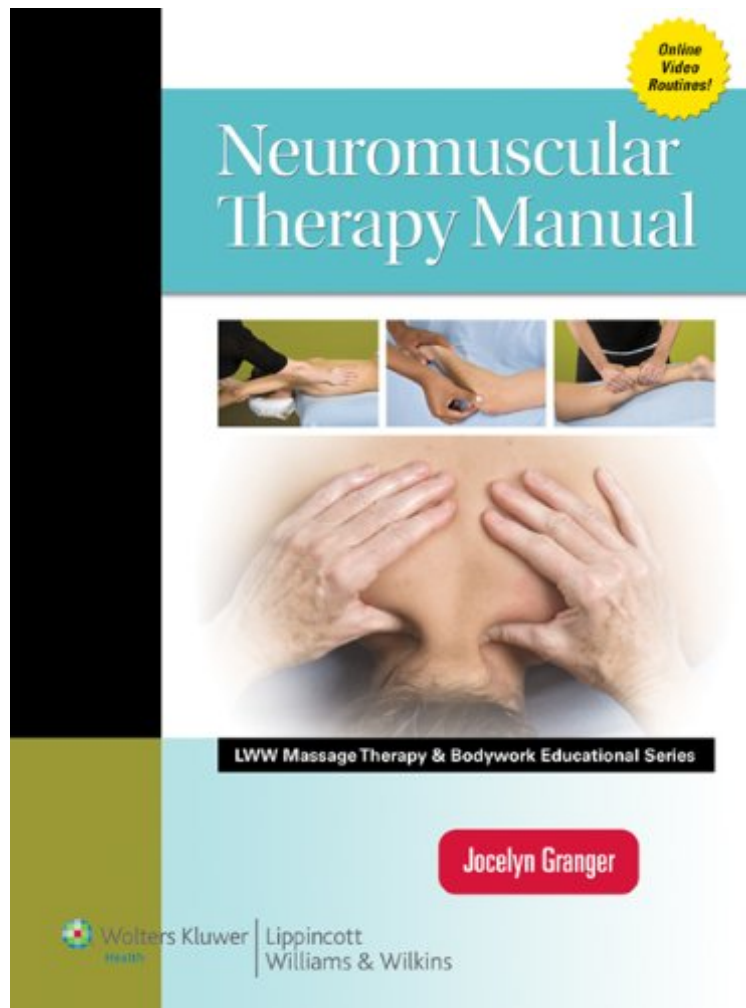


(Free pdf) Neuromuscular Therapy Manual (LWW Massage Therapy and Bodywork Educational Series)

# Neuromuscular Therapy Manual (LWW Massage Therapy and Bodywork Educational Series)

Jocelyn Granger

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#233009 in Books Lippincott Williams Wilkins 2010-10-22 Original language: English PDF # 1 10.90 x .80 x 8.40l, .0 #File Name: 1582558000368 pages | File size: 79.Mb

**Jocelyn Granger : Neuromuscular Therapy Manual (LWW Massage Therapy and Bodywork Educational Series)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Neuromuscular Therapy Manual (LWW Massage Therapy and Bodywork Educational Series):

6 of 6 people found the following review helpful. The MUST-HAVE book on Neuromuscular Massage Therapy! By Amy If you're going to learn Neuromuscular Massage Therapy, this is one book you HAVE to have! Jocelyn Granger founded the Ann Arbor Institute of Massage Therapy ([...]), one of the top massage schools in the country and has been practicing for close to 30 years. This woman KNOWS HER STUFF!! I have personally been taught by her and she is the best. This book should tell you everything you need to know (and then some) about all the different techniques involved in NMT while teaching you the anatomy of all the muscles involved--attachment points, trigger

points and so on. I think you'd be hard-pressed to find information as comprehensive and thorough as in this book (unless of course, you were a student at AAIMT).3 of 3 people found the following review helpful. I Love This Book!By ddIA great manual on Neuromuscular Therapy. I strongly recommend this book to anyone interested in learning more about Neuromuscular Therapy. This book is extremely thorough. I'm an LMT interested in specializing in this therapy and I found the book to be structured in such a way I found the concepts easy to follow and most of my questions were answered in this text. A must have if this is your field of interest.1 of 1 people found the following review helpful. I wish the instructor in my class had used this book!By Lisa ReynoldsI recently took a class on Nueromuscular Therapy, and I felt something was missing, so decided to order some material on my own. This book is fantastic, and it filled in the gaps that the instructor was not including in the class, so I really felt prepared to add this modality to my practice!

Neuromuscular Therapy Manual is a concise manual of neuromuscular therapy that contains the most relevant content based on the popular, highly regarded Travell Simons Trigger Point Therapy Manual. Content is laid out in a highly structured, regionally organized, accessible, and user-friendly text designed specifically to meet the needs of massage students.