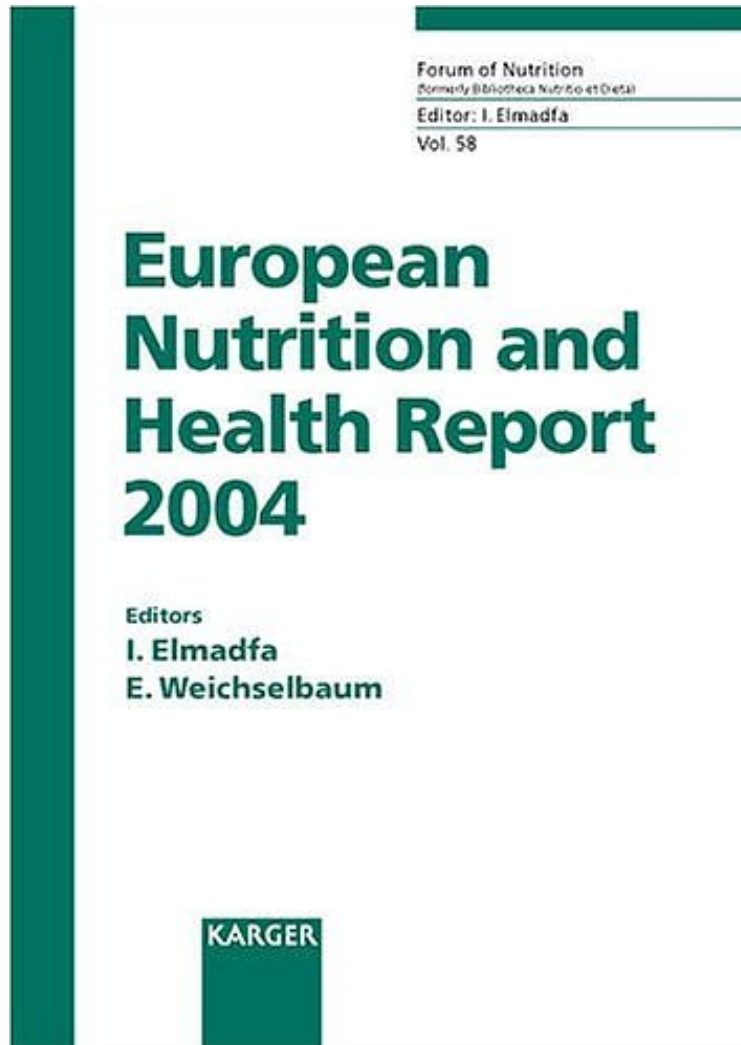


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European Nutrition and Health Report 2004 (Forum of Nutrition, Vol. 58)

From S. Karger

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From S. Karger : European Nutrition and Health Report 2004 (Forum of Nutrition, Vol. 58) before purchasing it in order to gage whether or not it would be worth my time, and all praised European Nutrition and Health Report 2004 (Forum of Nutrition, Vol. 58):

The European Nutrition and Health Report is the first comprehensive assessment of the present status of nutrition and health in Europe, and of the available resources and requirements for compatible and representative data from different

countries. 13 EU member states and Norway have participated in this project, pursuing three main goals: Compilation of available nutrient intake and health data Identification of major nutrition and health problems Identification of problems concerning the methods and compatibility of data collection The main topics include food supply and availability, energy and nutrient intake in different age groups, health indicators and status, obesity, physical activity and smoking. The Appendix offers a detailed publication of national reports and single projects. This book provides a solid basis for the planning of future projects in nutrition and health and should be of great interest to all professionals in the fields of nutrition, preventive medicine and public health as well as to health policy makers.