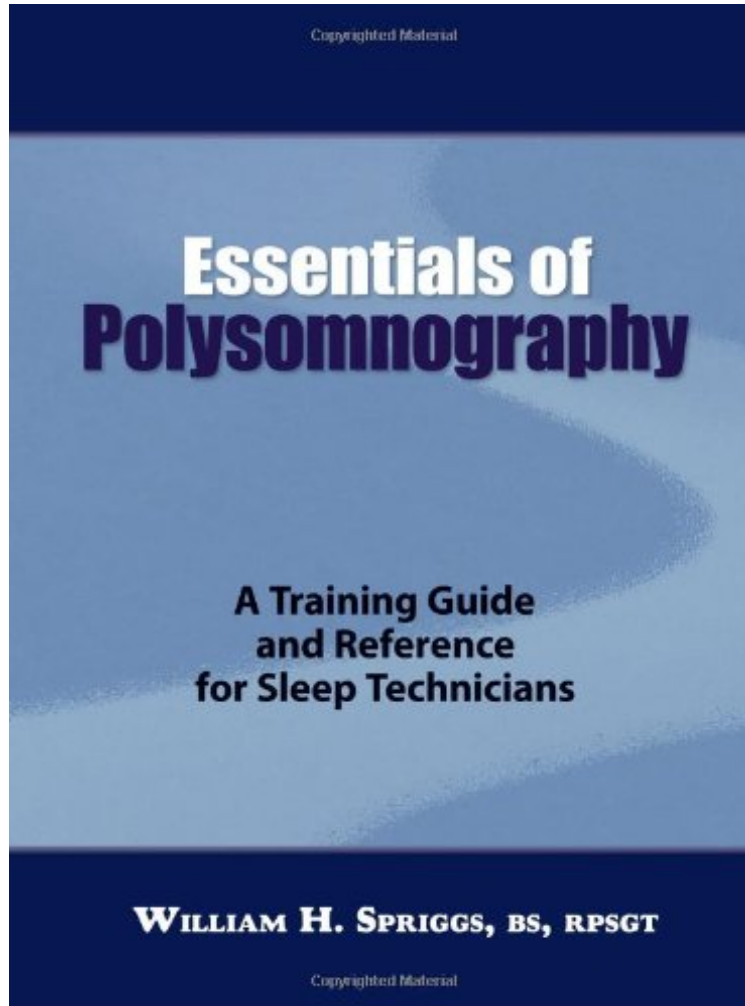


# Essentials Of Polysomnography

*William H. Spriggs*

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**William H. Spriggs : Essentials Of Polysomnography** before purchasing it in order to gage whether or not it would be worth my time, and all praised Essentials Of Polysomnography:

2 of 2 people found the following review helpful. Excellent Reference Guide for the BRPT Registry Exam! By Peter G Hoppa Excellent reference book for review and taking the BRPT Registry Exam. This book and Nic Butkov's "Atlas of Clinical Polysomnography" were what I studied from. Last took the Registry in 1997, retook the test in August 2014 and passed using these 2 references. The current BRPT Registry Exam was heavy on instrumentation and calculations and I thought it was a hard exam (as was the 1997 exam). This book is highly recommended for those studying for the BRPT Registry Exam. 6 of 6 people found the following review helpful. Great study source for RPSGT exam! By Somnia This is an excellent book to help those study for their RPSGT exam. Unlike the "Fundamentals of Sleep Technology" book endorsed by the AAST, Principles of Polysomnography has all of the updated rules on scoring,

making it a lot less confusing when studying for the board exam. As another reviewer mentioned, there are some problems with the practice tests and answers not matching. As long as you study the actual material, and do not try to memorize answers to the test questions, this is a great resource for preparing for the exam. I would also highly recommend getting your hands on a copy of the "Technologist's Handbook for Understanding and Implementing the AASM Manual for the Scoring of Sleep." This one has the green cover on the front and 80 pages of information compared to the "AASM Manual for Scoring..." which has the blue cover and only 59 pages of info. The Technologist's handbook for scoring covers more information to help you study for the exam. I studied from these 2 books and was able to pass my RPSGT exam. 0 of 0 people found the following review helpful. Great book  
By CustomerSigned up to take program to learn polysomnography but unable to find local hospital or clinic that would allow me to do clinicals, so had to sell the book. But it looked fascinating and would recommend it to anyone interested in the field.

Essentials of Polysomnography is a 615-page full color text designed specifically for sleep technicians and professionals. This textbook is written by William H Spriggs, a certified sleep technician, and is used in hospitals, sleep labs, physician offices, and colleges and universities around the world. This text is up-to-date with current BRPT and AASM standards. Now Available! New Package Options for Greater Savings! Essentials of Polysomnography is the first book to include the new recording and scoring rules presented in 2007, as well as the latest sleep disorder definitions and categorization presented in 2005. This text is designed around the board exam for sleep technicians, and includes 500 questions with answers and explanations. It is also ideal for training new sleep technicians and students interested in studying polysomnography, as well as physicians, sleep lab managers, DME reps, and sleep lab front office staff members. Contents Include: An overview of normal sleep and the history of sleep disorders Patient education and the patient flow process Life as a Sleep Technician Equipment and hookup procedures Polysomnogram overview and interpretation Pediatric sleep medicine Managerial and daytime operations in the sleep lab Hundreds of sample epochs depicting sleep stages, artifacts, and events. A 500 question post-test to help prepare for the RPSGT certification exam And much more! View new PACKAGE bundle purchase options including the text, pocket guide, flash cards and online test prep.