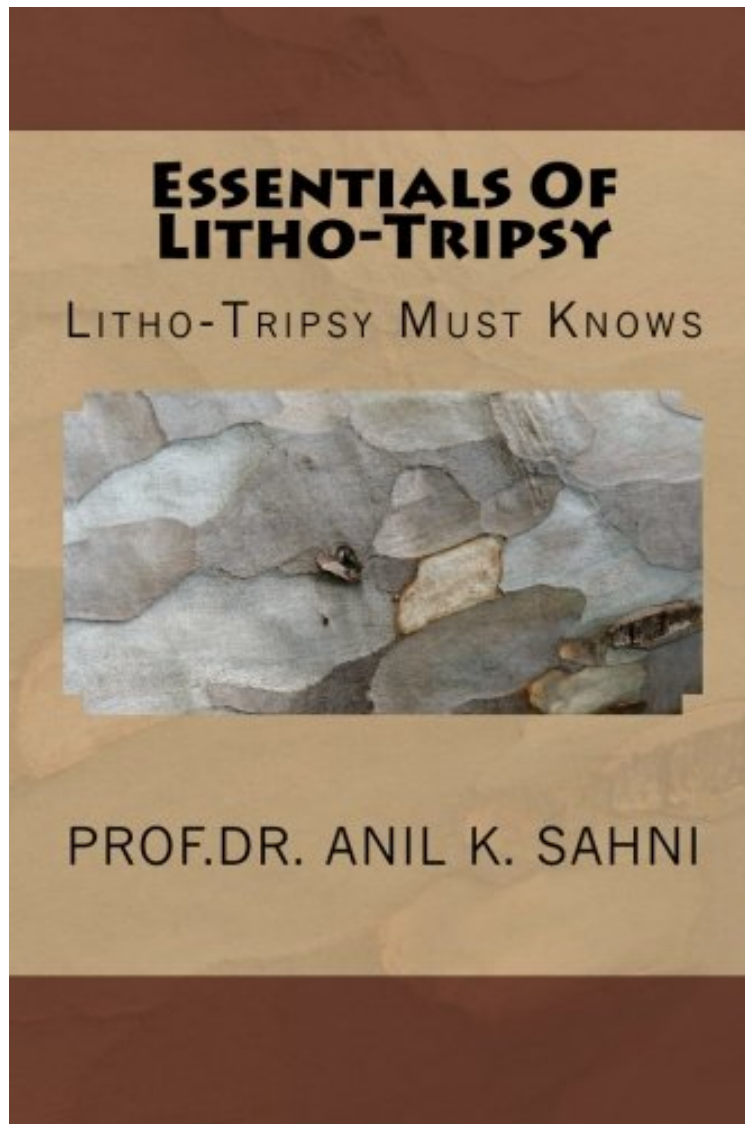


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## Essentials Of Litho-Tripsy: Litho-Tripsy Must Knows

*Prof Dr. Anil K. Sahni*  
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Last 2-3 Decades, Clinical Practice Witnessed Drastic Changes, Due To Advent Availability Of Newer Technologies,

Appliances With Their Successful Applicabilities. Careful Observations Noticed An Evident Significant Shift In The Management Of Stone Diseases; From Classical Open Stone Surgery Procedures To Lithotripsy; Endoscopic Removal Of Stones; PCNLs, Video Uretero-Renoscopia (URS) With Lithoclast, Cysto-Lithoclast Etc. More Recently Successfully Practiced Laproscopic Manovures Like Lap. UreteroLithotomy. Amongst Various Differently Practiced Recent Methodologies For Urolithiasis; Lithotripsy; Has Established Itself As An Acceptable, Authenticated Treatment Modality. By Applying Discretely Focussed Extrinsic Shock Waves, Stones Are Broken Into Minute Particles, That Are Passed Out With Urine Leaving Stone Free Patients; With The Advantages Of Simple, Safe, Secure, Easily Performed, Non-Invasive Procedure, Avoiding Hazards Of Anaesthesia Surgical Trauma Hence Minimal Ambulation. Being Performed As OPD Procedure, Patient Discharged Same Day, Resumes Day To Day Routine Work Duties By Next Day, Thus Saving Huge Infra-Structure, ManPower Resources Working Hours, As Compared To, Classical Open Stone Surgery Procedures, Endoscopic Laproscopic Manovures For Stones Removal. By Successful Technical Applicabilities Ensured Minimal Errors, Even In The Horizons Of Difficult Anatomical Locations, Secured Stone Remnants Free Patients, Provide No Nidus For Future Stone Formation, Resultant Minimally Reduced Recurrences, Subjected To Intensive Recurrence Control Supportive Treatment Regimes, Lead To Maximal Result Outcomes Especially In Geographical Regions, With High Prevalence Of Stone Diseases; Hence Increased Susceptibility For Multiple Life Time Recurrences, Of Differing Sites Sizes Of Stone Formation, The Imperative Need Of An Treatment Modality, As Safely Advisable Stone Disease Management; Methodology, Avoiding 'Repeated' Classical Open Surgeries; PCNLs, Laproscopic Procedures Etc, The Extended Scope Of The Established Procedure 'ESWL', Secures An Authenticated Treatment Modality Status. Role Of Lithotripsy In Biliary Stone Diseases; Scope For Other Indications, Relevant Aspects Of Intra-Corporeal Litho-Tripsy; With Recent Successfully Practiced Role Of Lasers; In Stone Diseases; Evolving Technique Methodology Of Extra-Corporeal Shock Wave Lithotripsy; Applicabilities, Have Been Summarized In Different Chapters. In Discussion; Conclusion; Parts Of The Text; All Relevant Key Points For Success In Achieving Maximal Result Outcome Of About 95% Success Rates, Along With Emphasis Upon Different Aspects Of Comprehensive Stone Management Strategies; Are Included.

About the Author PROF. DR. ANIL K. SAHNI B.Sc, M.B.B.S, M.S, F.I.C.S, Advanced D.H.A SURGEON, UROLOGIST, ENDOSCOPIST, LITHOTRIPSY SPECIALIST. LIFE MEMBER : AUSTRIAN MEDICAL SOCIETY THE ASSOCIATION OF SURGEONS OF INDIA DELHI UROLOGICAL SOCIETY ASSOCIATION OF MINIMAL ACCESS SURGEONS OF INDIA INDIAN ASSOCIATION OF GASTRO-INTESTINAL ENDOSURGEONS Address: A-1/F-1 Block-A Dilshad Garden Delhi-110095 India. E-mail : dranil\_sahni@yahoo.co.in dranil\_sahni@hotmail.com dranilksahni@gmail.com Mobile : 09873083100 MEDICAL COUNCIL OF INDIA REG.No.: 3599(06.01.2005) / 27417(30.05.1983) U.P. DATE OF BIRTH : 02-06-1958 QUALIFICATIONS: PASSED ALL EXAMS IN FIRST ATTEMPT WITH POSITION. B.Sc :1977, Rohilkhand University, Bareilly. Merit Position, National Scholarship M.B.B.S :1983, G.S.V.M. Medical College, Kanpur. M.S : 1986, G.S.V.M. Medical College, Kanpur. F.I.C.S :1995-96, International College of Surgeons, Chicago, Illinois, USA. ADHA (Advanced Diploma Hospital Administration) : 2006, Institute of Health Care Administration, Chennai. EXTRA-CURRICULUM: First Aid Certificate, 1968, NSS NCC Certification, 1975-77, Joint Treasurer, Physiology Society, 1978: Executive Member, Socio-Cultural Society, G.S.V.M. Medical College, Kanpur, 1982 Etc., Sports, Music, Print - Live Media Others. TEACHING EXPERIENCE: DEMO./TUTOR/REG./RSO/SR:- ASSISTANT PROFESSOR ( SURGERY ) :- ADDITIONAL :Urology, Lithotripsy, Non-Invasive/Minimal Invasive Surgery, Endoscopy, Surgical Teaching, BPT(Physio-Therapy) Courses, G.J Univ.Hisar. ASSOCIATE PROFESSOR (SURGERY):-M.A.M.C., Agroha(Hisar) -VCSG Govt.Med.Sciences Res.Inst. Sri-Nagar, Pauri-Garhwal: 15/16.03.2009 - Till Date. HOD (Surgery), Offi.Med.Suptd. Co-Chairman; CMERs; CPDRs;..., I/C Med.Edu.Unit PROFESSOR: Forwarded Recommended Thrice, Confirmed (MCI) w.e.f 01/07/2011, Complete Experience Publications Including Books.