

# Essentials of Interviewing

Donald E. Wiger, Debra K. Huntley  
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## of Interviewing

- A practical guide to conducting effective diagnostic interviews
- Expert advice includes case examples, callout boxes, and "Test Yourself" questions
- Conveniently formatted for rapid reference

**Donald E. Wiger**  
**Debra K. Huntley**

**ESSENTIALS OF MENTAL HEALTH PRACTICE**

**Alan S. Kaufman & Nadeen L. Kaufman, Founding Editors**

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Conduct effective diagnostic interviews and enhance client relationship skills A thorough diagnostic interview is the foundation for informed and comprehensive clinical diagnosis and treatment planning. In addition to basic interviewing techniques, professionals must also possess skills in designing interviews to satisfy the requirements of the accrediting agencies and third-party payers who audit their clients' charts. Now, there is one source that offers expert instruction in both--Essentials of Interviewing. As part of the Essentials of Mental Health Practice series, this book provides the information mental health professionals need to practice knowledgeably, efficiently, and ethically in today's behavioral health environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered. Essentials of Interviewing is filled with practical information about everything from establishing rapport and taking a complete history to identifying risk factors and ruling in/ruling out specific disorders. The needs of special populations such as children, people with disabilities, and clients from diverse backgrounds are covered, as well as suicide assessment, biopsychosocial assessment, and the Mental Status Exam. You'll be fully prepared to formulate an initial diagnosis and develop a preliminary treatment plan with this indispensable, hands-on resource. Other titles in the Essentials of Mental Health Practice series: Essentials of Outcome Assessment Essentials of Treatment Planning For a complete list of books in our Essentials of Mental Health Practice series, visit us on the Web at [www.wiley.com/go/essentialsmhp](http://www.wiley.com/go/essentialsmhp)

"Readers will come away with clear and complete guidelines for determining and documenting medical necessity and other information required..." (Psychiatric Services, Feb 2003)From the Back CoverConduct effective diagnostic interviews and enhance client relationship skills A thorough diagnostic interview is the foundation for informed and comprehensive clinical diagnosis and treatment planning. In addition to basic interviewing techniques, professionals must also possess skills in designing interviews to satisfy the requirements of the accrediting agencies and third-party payers who audit their clients charts. Now, there is one source that offers expert instruction in bothEssentials of Interviewing. As part of the Essentials of Mental Health Practice series, this book provides the information mental health professionals need to practice knowledgeably, efficiently, and ethically in todays behavioral health environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered. Essentials of Interviewing is filled with practical information about everything from establishing rapport and taking a complete history to identifying risk factors and ruling in/ruling out specific disorders. The needs of special populations such as children, people with disabilities, and clients from diverse backgrounds are covered, as well as suicide assessment, biopsychosocial assessment, and the Mental Status Exam. Youll be fully prepared to formulate an initial diagnosis and develop a preliminary treatment plan with this indispensable, hands-on resource. Other titles in the Essentials of Mental Health Practice series: Essentials of Outcome Assessment Essentials of Treatment Planning For a complete list of books in our Essentials of Mental Health Practice series, visit us on the Web at [www.wiley.com/go/essentialsmhp](http://www.wiley.com/go/essentialsmhp)About the AuthorDONALD E. WIGER, PhD, Wiger Associates; Argosy University, Bloomington, Minnesota. DEBRA K. HUNTLEY, PhD, Argosy University, Bloomington, Minnesota.