

[Ebook free] Effective Use of Group Therapy in Managed Care (Clinical Practice)

Effective Use of Group Therapy in Managed Care (Clinical Practice)

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From Brand: Amer Psychiatric Pub : Effective Use of Group Therapy in Managed Care (Clinical Practice)
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Effective Use of Group Therapy in Managed Care (Clinical Practice):

The use of group programs in managed care is growing, in part because they provide a cost-efficient method for effective psychotherapy. The mental health practitioner needs to understand how groups can best be developed and conducted. Effective Use of Group Therapy in Managed Care provides a solid understanding of how group programs work. Group therapy is well suited for service systems such as HMOs, PPOs, mental health centers, and hospitals. The ten contributors of this book, all well known in the group psychotherapy community, have developed innovative ways of meeting service demands. Effective Use of Group Therapy in Managed Care provides an orientation to group programs and their development, and offers a range of models for specific types of groups.

"This book is slim and packed with information concerning group programs providing services in a wide variety of managed-care settings. It is for all mental health professionals, regardless of the setting within which they work. These

authors give us hope and direction for the future, and provide a number of excellent group-program templates. It is a solid start in the transformation of our group practices."-- "International Journal of Group Psychotherapy"About the AuthorK. Roy MacKenzie, M.D., F.R.C.P.C., is President, American Group Psychotherapy Association, and Clinical Professor of Psychiatry, University of British Columbia, Vancouver, British Columbia.