

(Ebook free) Dying Well: Peace and Possibilities at the End of Life

Dying Well: Peace and Possibilities at the End of Life

Ira Byock MD

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DYING WELL

PEACE AND POSSIBILITIES
AT THE END OF LIFE



"The best and most accurate, informative book yet on the death-with-dignity debate and care at the end of life."
—M. SCOTT PECK, M.D., author of *The Road Less Traveled* and *Daniel and the Lion's Den*

IRA BYOCK, M.D.

FORMER PRESIDENT, AMERICAN ACADEMY OF PHYSICIAN AND PALLIATIVE MEDICINE
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Ira Byock MD : Dying Well: Peace and Possibilities at the End of Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Dying Well: Peace and Possibilities at the End of Life:

1 of 1 people found the following review helpful. If you or old or dying or know someone who isBy Karen GrimaudExcellent book about end of life decisions, care, conversations and how to love and connect. I read this for a medical social work class but it is a really interesting read if you are old, dying, or know someone who is. Written by a physician who has a real heart for his patients.0 of 0 people found the following review helpful. Helped me when I

needed it By Elizabeth Johnson I'm the kind of person whose eyes start to glaze over if I try to absorb more than a few pages of social science/self help type writing. I was steered to this book when I was helping my mother as she died. I had so little experience with death that I worried about doing the wrong thing. As I read the stories I was drawn in, absorbing each small "message" with each story. One, about a man whose final gift to his family was to allow them to help him as he died, touched me so deeply I read it to my mother in her last days. I wish I'd read this book earlier but I don't think it could ever be too late. 1 of 1 people found the following review helpful. No one really thinks of dying as being hard to do, By Debbie I believe Dr. Byock, MD defines death, and some of the things you go through very explicid. Which I believe is a good thing, because most medical Dr's don't want to even go that route. They don't want to "loose the battle ", when in all actual reality You're the one loosing the battle, if that's what you want to call it. He finally sees people and patients for who and what they are. I've read many of the other books mentioned in the book, so I was able to understand early on, where he was coming from. I believe A Must Read....and then for him to write down Questions and answers, and places to go for treatment is a big plus. Thank You Dr. Byock for your wealth of Information! Debbie Feighner/Fort Wayne, IN

From Ira Byock, prominent palliative care physician and expert in end of life decisions, a lesson in Dying Well. Nobody should have to die in pain. Nobody should have to die alone. This is Ira Byock's dream, and he is dedicating his life to making it come true. Dying Well brings us to the homes and bedsides of families with whom Dr. Byock has worked, telling stories of love and reconciliation in the face of tragedy, pain, medical drama, and conflict. Through the true stories of patients, he shows us that a lot of important emotional work can be accomplished in the final months, weeks, and even days of life. It is a companion for families, showing them how to deal with doctors, how to talk to loved ones and how to make the end of life as meaningful and enriching as the beginning. Ira Byock is also the author of *The Best Care Possible: A Physician's Quest to Transform Care Through the End of Life*.

.com On his deathbed, faced with creditors and unpaid bills, Oscar Wilde said despairingly, "I am dying beyond my means!" If only the poor, beleaguered genius had read this book! None of us gets out of here alive, but reading this book will lessen your fear of the ultimate end and give you some guidance about enjoying your life to the fullest right up until your final moment. Do people really enjoy life in the face of death? People do. The stories of individuals in Dr. Byock's book will move and inspire you to change your feelings about the end of your life, and also your feelings about your life in the present. From Publishers Weekly This study of how to die well displays uncommon vitality. Byock, president elect of the American Academy of Hospice and Palliative Care, is a gifted storyteller. Beginning with his own father's terminal illness, he details without scientific cant the process of decline that awaits most of us. The case studies, which form the humanistic soul of this work, never devolve into the maudlin or saccharine. Life on the edge of the great crossing is explored in all its sadness and pathos, but Byock also makes room for wisdom, hope and even the joy of final understanding. By recounting the passages of patients in his Missoula, Mont., practice, Byock makes a forceful case for hospice care and against physician-assisted suicide. He demonstrates how the physical pain and emotional despair of the dying may be handled. The family constellation of the terminally ill is also analyzed, with emphasis on a hospice's ability, through its doctors, nurses, psychologists and social workers, to help those left behind. Not only is this book informative, especially the question-and-answer section at the end, it is also insightful. Readers will sense Byock's personal growth as his understanding of final issues flowers through a 20-year specialization. Byock recalls his growth from a callow resident to a concerned son and, finally, to a healer with a mission. Whether it's the middle-aged mother who must resolve disillusionment with her sister, the bitter father of three who achieves serenity or the gutsy teenage girl with a rare genetic disease, the people whose sojourns Byock recounts receive from him the dignity they merit. German rights to Kinder Verlag; author tour. Copyright 1996 Reed Business Information, Inc. From Library Journal Many terminally ill people fear that their last days will be spent as burdens to their families, helpless, without dignity, and in unbearable pain. Often, the only alternative to such a death seems to be assisted suicide. In either situation, the dying person and family members are denied the opportunity to make the most of their remaining lives. Byock, a hospice physician practicing in rural Montana, learned well the possibilities for dying while caring for his father, who died from pancreatic cancer during Byock's medical training. This book tells the story of his father's final illness and those of hospice patients Byock has helped through the dying process. Focusing on the clinical, emotional, and spiritual aspects of death, the stories emphasize Byock's unshakable belief that physical and psychological suffering can always be alleviated through the devoted efforts of hospice caregivers. He offers realistic yet compassionate answers to the hard questions asked by dying patients, their families, and a society unwilling to accept that all life eventually comes to an end. Highly recommended for all collections. ?Karen McNally Bensing, Benjamin Rose Inst. Lib., Cleveland Copyright 1997 Reed Business Information, Inc.