

(Download pdf) Dying of Health Care: How the System Harms Americans Physically and Financially, and How to Change It

# Dying of Health Care: How the System Harms Americans Physically and Financially, and How to Change It

*N.F. Hanna M.D.*

*DOC | \*audiobook | ebooks | Download PDF | ePub*

Copyrighted Material

## DYING OF HEALTH CARE



HOW THE SYSTEM HARMS AMERICANS  
PHYSICALLY AND FINANCIALLY,  
AND HOW TO CHANGE IT

N.F. HANNA, M.D.

Copyrighted Material

 Download

 Read Online

#2092647 in Books 2016-04-04Original language:EnglishPDF # 1 9.00 x .46 x 6.00l, .61 #File Name: 1938218000184 pages | File size: 33.Mb

**N.F. Hanna M.D. : Dying of Health Care: How the System Harms Americans Physically and Financially, and How to Change It** before purchasing it in order to gage whether or not it would be worth my time, and all praised Dying of Health Care: How the System Harms Americans Physically and Financially, and How to Change It:

0 of 0 people found the following review helpful. An excellent examination of our ailing healthcare systemBy

CustomerI recently read *Dying of Health Care*, and found it easy to read and understand. Dr Hanna clearly explained this complex subject so that it could be easily understood by both persons within the medical realm and laypersons alike. I agree with most of Dr Hanna's conclusions regarding are currently dysfunctional and fractured healthcare system. I too am a practicing physician, but unlike Dr. Hanna I am not a primary care physician but an anesthesiologist. We are, however, thought of as the internists of the operating room.I have read several other books on this subject, both from the conservative side, which tout the naive concept of increased competition, free markets and health savings accounts as the cure for our ailing health care system and from the progressive side, such as Dr. Hanna's book.Although I agree with his perspective, I cannot agree that universal healthcare and single payer systems such as in Europe and Canada are the ultimate cure alone. Today, European countries, though they spend less per capita than the USA, are also grappling with unsustainable rises in healthcare costs. Some will be approaching healthcare spending of 25% GDP by 2040. There must be another or other reasons why healthcare costs continue to increase at an alarming rate.May I suggest one missing player that is not discussed in any of the books.....the patient. Most of our healthcare spending goes to preventable causes. Dr. Hanna mentioned one deplorable one that is not patient related, iatrogenic causes. The other major reasons patient seek healthcare are due to diseases that could be prevented in many cases by patients changing behaviors and habits: obesity (poor diets and sedentary lifestyles) smoking, substance abuse. The advances in medial technology have allowed huge numbers of the public to live many years in ill health. Only a few decades ago many of these patients would survive 1-3 years at best. Now they survive 15-20 years, revolving in and out of clinic office visits, E.R. visits and admissions to the hospital, consuming hundreds of billions of dollars ( if not more) annually. Also, the expectations of the public need to be examined as well. Today, too many patients want and expect a quick fix for their ailments and do not want to make the necessary changes in their lives to become well. They have abdicated responsibility for their own health. In addition, patient satisfaction is largely based upon how quickly they get an appointment, how long they have to wait for their elective surgery or MRI and not on tangible and measurable outcomes. In order to meet these expectations healthcare institutions will acquire additional resources, often not warranted by the size of the local population. This redundancy in resources among competing institutions ultimately drives up costs and in some cases results in poorer outcomes because the resources are under utilized. In cardiac surgery for example, studies show that outcomes are poorer if a unit performs fewer than 250 procedures annually. We need to allocate our resources more sanely and patients need to realize that some inconvenience is reasonable for the long term health of our healthcare system. My one recommendation to add to Dr Hanna's other astute assertions is, "if we truly want to reform healthcare and make healthcare sustainable, we need to look in the mirror."Again I want to thank Dr Hanna for his insightful book and hope a few politicians read it.Kurt S. Smith, MD0 of 0 people found the following review helpful. It was so informative and so easy to read and understand that I read it in ...By SarahI have known Dr. Hanna for 23 years as his patient. I anxiously awaited the publishing of his book for some time and I can certainly say it was well worth the wait. I expected it to be something that would appeal to medical practitioners and legislators. I found it to be much more than that.It is for every patient and every voter! Anyone interested in their own health care and how they are going to pay for it should read this book.I thought I understood the "issues". I did not. Now I do. It was so informative and so easy to read and understand that I read it in one sitting.Dr. Hanna has done an amazing job of explaining a complex problem in a way everyone can understand.It totally captured my attention. It was simultaneously fascinating, scary, and very informative.0 of 0 people found the following review helpful. This is one book I couldn't put down. It ...By TippiThis is one book I couldn't put down. It held my interest to the very end. It will open your eyes to so many things you have never before thought of. Specifically, Dr. Hanna talks about how the US health care system and government works or should work and offers ideas as to how both might run more economically and efficiently.I constantly refer to Dr. Hanna's book and think you'll find it illuminating and intriguing reading.

"This book is a must-read for anybody who has been, is, or will be a patient. That's just about all of us."nbsp;

"With a primary care physician's empathy, skill, and experience, Dr. Hanna explains the dire consequences of the American healthcare non-system. And like good primary care, *Dying of Health* Care does not abandon the reader after delivering this grave diagnosis. Dr. Hanna recommends practical solutions to put us on the path back to better individual health and national well-being. Americans simply cannot afford to ignore the ideas so clearly presented in this book."nbsp;--John Abramson, M.D., M.Sc., Lecturer in the Department of Health Care Policy at Harvard Medical School and Author of "Overdosed America: The Broken Promise of American Medicine"nbsp;nbsp;nbsp;"Many Americans believe our health care system is broken, but can't describe how or why. In his new booknbsp;*Dying of Health Care*, Dr. N.F. Hanna offers an intriguing taxonomy of the many interwoven factors that add up to a badly broken system, and how to fix it from the perspective of an experienced clinician.nbsp;This book is a must-read for anybody who has been, is, or will be a patient. That's just about all of us."nbsp;--Philip Caper, M.D., Internist, past Chairman of the National Council on Health Planning and Development, and Founding Member of the National Academy of Social Insurancensp;nbsp;nbsp;nbsp;"Dr. N.F. Hanna'snbsp;*Dying of Health Care*nbsp;is a welcome

addition to the American medical care literature. An experienced primary care physician, Hanna brings that practical understanding to the most basic questions about the costs, quality, and access to care of our expensive, underinsured, and exceedingly complex medical arrangements." --Ted Marmor, Ph.D., Professor Emeritus of Public Policy at Yale University and Author of "The Politics of Medicare," among other books "Dr. Hanna's Dying of Health Care provides a lucid and accessible analysis of the many ways that American medical practices, and the financial institutions profiting from the business of medicine, make us less healthy than we deserve to be, while making medicine far more dangerous than it should be. This book deserves a wide reading." --Larry R. Churchill, Ph.D., Anne Geddes Stahlman Professor of Medical Ethics at Vanderbilt University "Hanna has provided a thoughtful, engaging analysis of why there is so much waste in the U.S. health care system, and he exposes the financial and human costs of unnecessary care. As a solution, he eloquently argues for the creation of a single-payer system. Even those who disagree with the idea of a single-payer system will benefit from this insightful and important critique." --Kenneth Ludmerer, M.D., Professor of Medicine and the History of Medicine at Washington University in St. Louis, past President of the American Association for the History of Medicine, and Member of the American Academy of Arts and Sciences

About the Author  
N.F. Hanna, M.D. is a primary care physician with nearly 40 years of experience as a physician in the United States and the United Kingdom. He has operated his current practice in family and internal medicine in Jacksonville, Florida for the past 27 years, and he formerly served as associate editor of Northeast Florida Medicine for 10 years. Dr. Hanna was born and raised in Egypt, where he initially attended Assiut University College of Medicine in Upper Egypt and later continued on to graduate from Ain-Shams University College of Medicine in the capital city of Cairo in 1974. He then received post-graduate training in the U.K., where he became a Licentiate of the Royal College of Physicians and a Member of the Royal College of Surgeons, London. He is a former college soccer player and award winner in poetry in his native language. Dr. Hanna and his wife Afaf live in Jacksonville, where they raised their three children: Amy, Amorette, and Andrew.