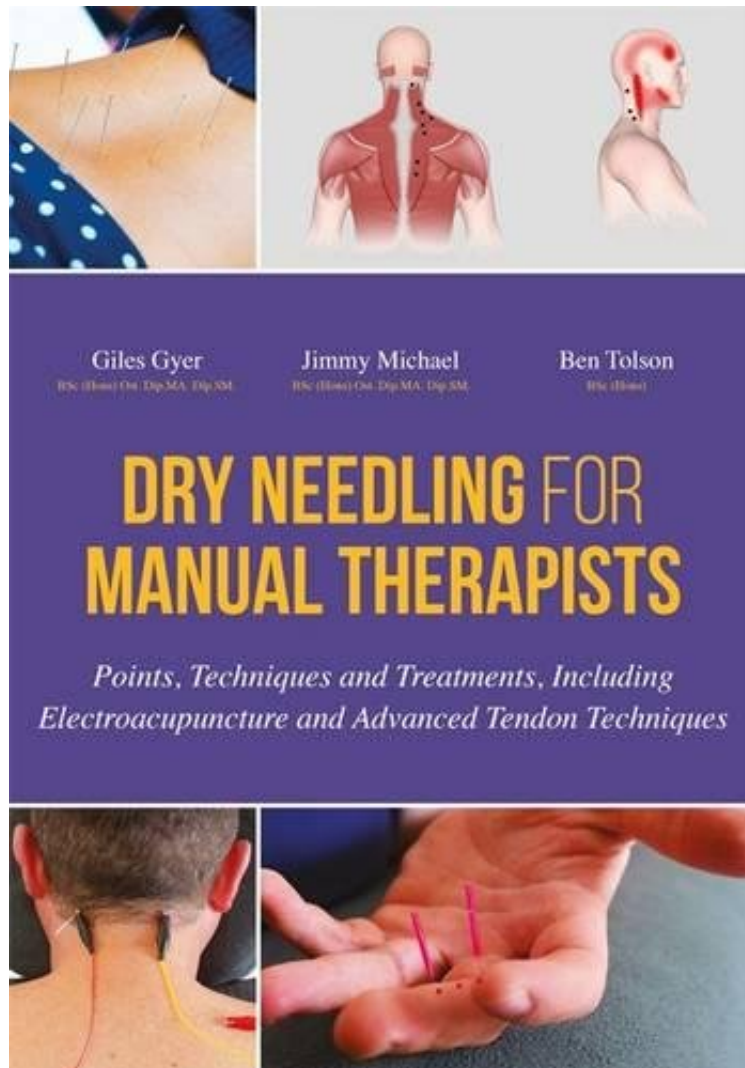


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Dry Needling for Manual Therapists: Points, Techniques and Treatments, Including Electroacupuncture and Advanced Tendon Techniques

Giles Gyer, Jimmy Michael, Ben Tolson
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Giles Gyer, Jimmy Michael, Ben Tolson : Dry Needling for Manual Therapists: Points, Techniques and Treatments, Including Electroacupuncture and Advanced Tendon Techniques before purchasing it in order to gage whether or not it would be worth my time, and all praised Dry Needling for Manual Therapists: Points, Techniques and Treatments, Including Electroacupuncture and Advanced Tendon Techniques:

13 of 14 people found the following review helpful. Read the book first then make assumptions. By Customer I have been looking for a new book covering this topic and thought this was a great choice. I purchased even after reading the reviews as I realised that the negative reviews seem to mainly be from traditional Chinese acupuncturists who have not even read the book they are just annoyed at even the concept of the book. After READING this book it is a good mix of theories that have come together. It shows some interesting techniques with wonderful pictures to support it. As a PT I think it's great that we mix treatment modalities from everywhere to ensure that our patients/clients get the maximum from our sessions. What made me purchase this book was the fact it is written in conjunction with a traditional Chinese acupuncturist. This in itself should be seen as progressive and be applauded. The authors actually are showing respect to each other's professions by coming together in collaboration. If you can not see this then you are blind, narrow minded and can not see that manual therapies all over the world are using techniques from each other. I think it's a great idea and a good book. Worth buying!

8 of 10 people found the following review helpful. Excellently written, superb reference book for dry needling/acupuncture. By Mrs C. I'm a UK based therapist and I have completed training to advanced level with the authors of this book. I can vouch for the high level of screening of students when applying for their course, the exceptionally high level of training during their courses and this book is an excellent reference book to accompany ANY training in dry needling undertaken here in the UK. From the reviews I have read so far, it would appear that no one has read the book in its entirety. The authors are highly trained in their profession and fully accredited to deliver such training. To suggest that someone with my level of qualifications is not qualified enough to provide dry needling is insulting. I have spent MANY years and thousands of pounds to get to the level I am at. I am not cavalier nor ignorant in my treatment protocols and fully follow my training in dry needling to the letter. There are risks obviously and I have knowledge of TCM qualified practitioners causing injury during acupuncture treatments so it is obscene to suggest that only TCM practitioners are safe. Read the book in its entirety please, just perusing or flicking through the pages is not a robust way to review this text. This book is a must read for all practitioners who perform this modality.

9 of 11 people found the following review helpful. A perfect go to guide! By J Ritchie. After attending training courses hosted by the authors of this book, and being trained to an advanced level of medical acupuncture I am now using Medical Acupuncture within clinics daily. This book is a PERFECT reference and go to clinic guide, detailing even more needling techniques. The diagrams and pictures are clear cut and easy to follow, and the theory is easy to read with up to date references. This book is a must for manual therapist!

After reading other reviews of this book, it is clear people haven't read this book and merely flicked through. The authors run highly professional accredited courses in the UK, Europe and Singapore which are fully insurable. It is insulting suggesting that practitioners like myself should not be using dry needling, we have spent a number of years studying and training to get to this level of profession, knowing exactly what is within my remit. If I had any doubt about the safety of performing dry needling, then there is no way I would do it. There are risks with ANY practitioners out there who are not competent at what they do and do not keep up to date with training. Just like any book you can buy on manual therapy there are dangers of practising without the appropriate hands on training, and any practitioner I know, would not attempt dry needling without the appropriate training. Like I said previously this is a fantastic guide to dry needling and is a must read for all practitioners!

Designed to be a go-to reference for assessment and treatment planning in the clinic, this is a clear and concise handbook for students and practitioners of dry needling, or medical acupuncture. It includes:

- Comprehensive medical illustrations demonstrating trigger point locations and associated pain referral patterns
- Easy-to-follow instructions and photographs demonstrating musculoskeletal dry needling points and electroacupuncture techniques
- Dedicated section on the acupuncture treatment of tendinopathy
- Vital information on palpation and correct needling techniques
- Practical guidance on best practice, safety and treatment planning
- Overviews of the history and key principles of Traditional Chinese medicine and acupuncture
- Up-to-date research on the effect of acupuncture in the treatment of MSK conditions, myofascial pain, trigger points (MTrPS), fascia and pain.

The book will be an essential aid for osteopaths, physiotherapists, sports rehabilitators, chiropractors, massage therapists, as well as traditional acupuncturists wishing to understand a Western approach on acupuncture. Other health professionals incorporating, or looking to incorporate dry needling into their treatment programme, will also find this book an invaluable resource.

An excellent introduction for the manual therapist wishing to add dry needling to their clinical skills repertoire. The clear explanations and anatomical illustrations make for a great reference book. -- Sally Scott BSc. Hons (Chiro), Chiropractor

All readers interested in the field of Manual Therapy will find much to stimulate their thinking in this book. By exploring the inter-relationships between Traditional Chinese Acupuncture and its modern day offshoot, Western Medical Acupuncture, this book eloquently simplifies and edifies the reader's understanding of Western Medical Acupuncture techniques and philosophy. Backed up by the latest research, this comprehensive text is a must for Manual Therapists wishing to incorporate safe and highly effective needling techniques into their treatment protocols. -- David Farrelly, Osteopath and Owner of Bodyworks Manual Therapy Training

As acupuncture comes to

be ever more widely utilised in the West, there has been a chronic need for a good text which facilitates its expert application by Western Health professionals: this book meets that need very well. Excellently researched and illustrated, it marks a milestone in the West's creation of its own paradigm for acupuncture, and is a vital handbook for all Western acupuncturists. -- Henry McGrath MA MTh MATCM, former Academic Director and Acupuncture Course Director, College of Naturopathic Medicine, and author of 'Traditional Chinese Medicine Approaches to Cancer' Written by practicing MSK clinicians, this dynamic and focused handbook distinguishes itself in immediate practicality. Carefully researched and with illustrations of Netter-like quality, its evidence base is a study in duality, thoughtfully reconnecting the green shoots of cutting edge medicine to ancient roots of traditional acupuncture. -- James Inklebarger MD, Specialist MSK Doctor and Osteopath This is an excellent reference book which is perfectly laid out - with practical instructions that are simple and effective to use. It bridges two important possible gaps. For those acupuncturists who need more help with their knowledge of the muscular system of the body and for those physiotherapist /osteopaths who need more help with their knowledge of the application of acupuncture. The historical background, scientific evidence and theory are sufficient without being too heavy or laboured. The illustrations, pictures and description of anatomy, palpation, client position and application of treatment particular to each muscle and the trigger points is exactly what a practitioner needs to be able to use these techniques in a clinical situation. The health and safety and client handling section is clearly carefully thought out and is a good reminder to practitioners of their clinical governance in this aspect of practice. The advanced tendon techniques are a good pointing to practitioners to extend the principles of practice and be creative with their treatments. The electro acupuncture chapter gives the practitioner what they need to know in a concise, practical format. -- John Tindall, Founder Director, Yuan Clinic Traditional Medicine College An excellent introduction for the manual therapist wishing to add dry needling to their clinical skills repertoire. The clear explanations and anatomical illustrations make for a great reference book. (Sally Scott BSc. Hons (Chiro), Chiropractor) All readers interested in the field of Manual Therapy will find much to stimulate their thinking in this book. By exploring the inter-relationships between Traditional Chinese Acupuncture and its modern day off shoot, Western Medical Acupuncture, this book eloquently simplifies and edifies the reader's understanding of Western Medical Acupuncture techniques and philosophy. Backed up by the latest research, this comprehensive text is a must for Manual Therapists wishing to incorporate safe and highly effective needling techniques into their treatment protocols. (David Farrelly, Osteopath and Owner of Bodyworks Manual Therapy Training) As acupuncture comes to be ever more widely utilised in the West, there has been a chronic need for a good text which facilitates its expert application by Western Health professionals: this book meets that need very well. 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The electro acupuncture chapter gives the practitioner what they need to know in a concise, practical format. (John Tindall, Founder Director, Yuan Clinic Traditional Medicine College) About the Author Giles Gyer is a British trained specialist musculoskeletal Osteopath and Medical Acupuncturist who has worked within health and fitness for over 14 years, treating patients from office workers to international athletes. Giles is one of the Clinical Directors at Osteon Therapies, with three multi-disciplinary clinics within London, he is also a senior lecturer at www.omttraining.co.uk where he teaches courses such as medical acupuncture and spinal manipulation to manual therapists through the UK and internationally, he has lectured at national conferences and has run bespoke training events in medical acupuncture and manipulation to organisations such as Liverpool Football Club and the NHS. Jimmy Michael is a British trained Osteopath who also has a sports and exercise science degree and diplomas in medical acupuncture and soft tissue therapy. Jimmy has been in the health and fitness industry for 14 years treating patients from office workers to professional football players and formula one drivers. Jimmy is one of the clinical directors at Osteon Therapies which are multi-disciplinary clinics within London. Jimmy is a senior lecturer at OMT Training teaching a variety of manual therapy techniques internationally such as medical acupuncture, spinal manipulation and

advanced mobilisations and soft tissue skills. He has extensive experience of teaching in the manual therapy industry and has been tutoring and lecturing for 12 years. Jimmy has spoken at national conferences and run bespoke training courses for the likes of the NHS, Liverpool FC and MK Dons. Ben Tolson is an acupuncturist and sports and remedial massage therapist, who has been practicing complementary therapies since 2004. He has taken post graduate courses in numerous areas including sports injuries, trigger point therapy, fertility and Japanese style acupuncture. He started his career as a sports massage therapist which has given him a broad range of experience in treating musculoskeletal pain.