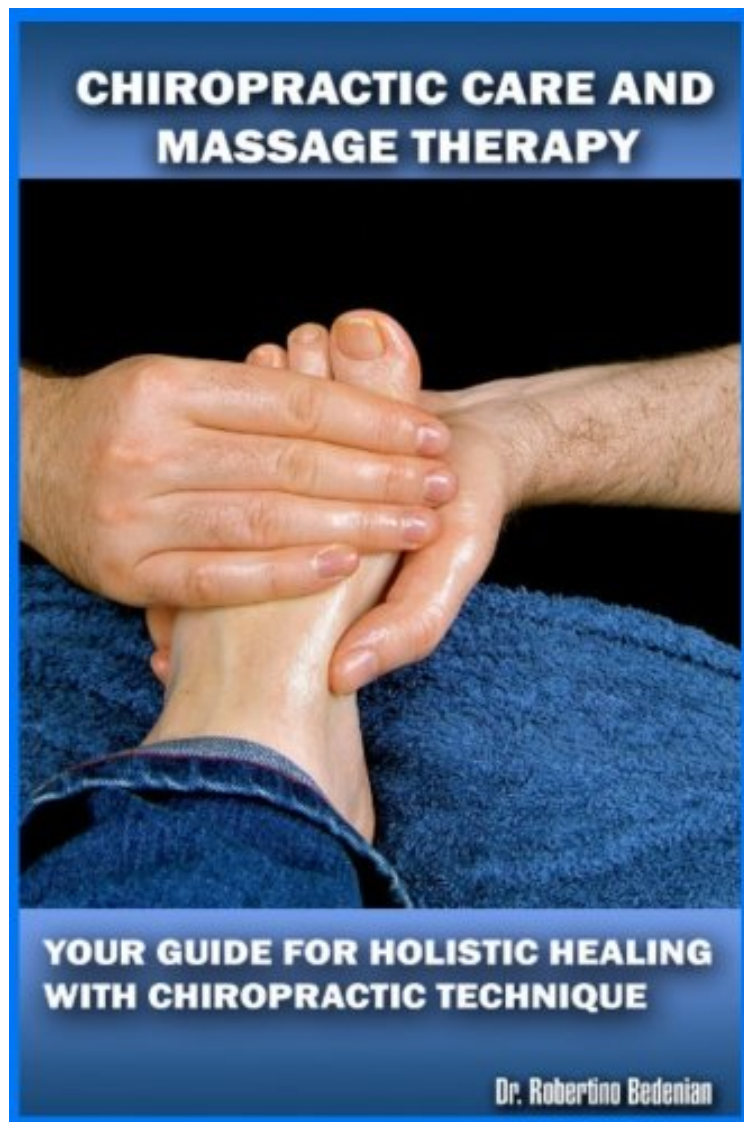


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## **Chiropractic Care And Massage Therapy: Your Guide For Holistic Healing With Chiropractic Technique**

*Dr. Robertino Bedenian*

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If you have ever looked out for a single book that gives you both a comprehensive overview of the world of chiropractic care and massage therapy, then I have good news for you: You finally found it! It is written from the first to the last page having entirely the patient in mind, who wishes to have a broad and a genuine understanding about what chiropractic care and massage therapy are actually about. As these two medical disciplines are closely related to each other, they should be analyzed and presented to the public this way. This book leaves no stone unturned. It is designed to give a wide range of answers to all the questions people have once they start to consider chiropractic care and massage therapy as an alternative way of medical treatment and healing. Furthermore, it even provides answers to issues patients will have to deal with when it comes to making chiropractic care and massage therapy a crucial part of their lives. At the end of this book, there is even a "terminology" chapter explaining any term in this book that might have confused the reader. It is written in a very simple and understandable way, so there is no background knowledge necessary to reap the full benefits of this book.

About the Author Dr. Robertino Bedenian resides in Frankfurt, Germany. For more than fifteen years, he has been a fitness coach at the University of Sports in Frankfurt, Germany, teaching aerobics, back gymnastics, stretching, and power gymnastics. Moreover, he has also a website about the vegan lifestyle covering diet and health recommendations, detoxification programs, fitness guidelines, and disease-related topics. ([www.goingveganhealthbenefits.com](http://www.goingveganhealthbenefits.com)). Being part of a family with an orthopedic surgeon and a physical therapist, he is very familiar with all the issues regarding back pain, chiropractic techniques, and other health issues.