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Chiropractic and Naturopathic Mastery of Common Clinical Disorders: The art of co-creating wellness while effectively managing acute and chronic health disorders

Alex Vasquez
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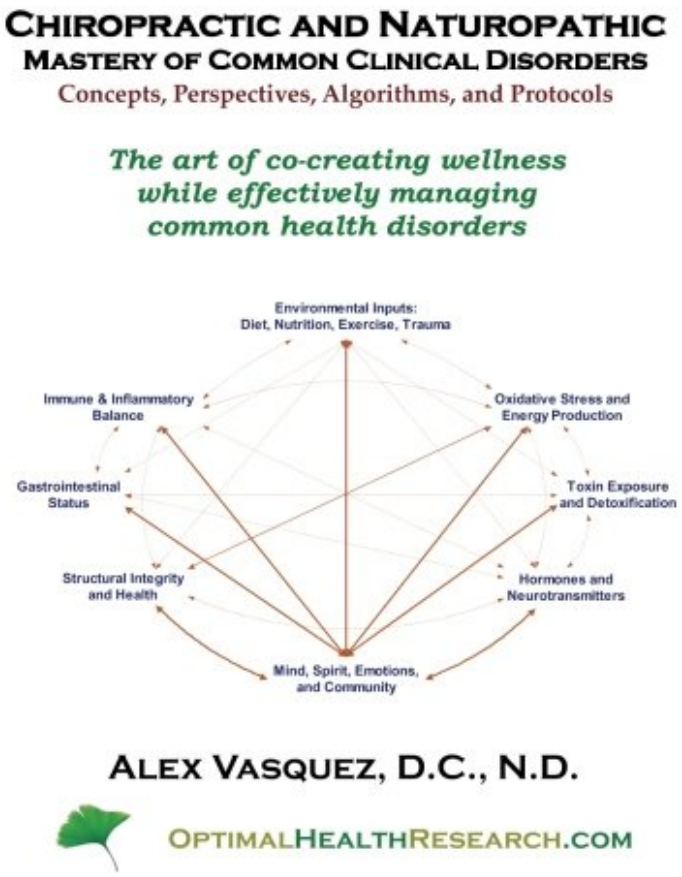

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Alex Vasquez : Chiropractic and Naturopathic Mastery of Common Clinical Disorders: The art of co-creating wellness while effectively managing acute and chronic health disorders before purchasing it in order to gage whether or not it would be worth my time, and all praised Chiropractic and Naturopathic Mastery of Common Clinical Disorders: The art of co-creating wellness while effectively managing acute and chronic health disorders:

2 of 2 people found the following review helpful. The Bible for Integrated Solutions for Common Health ProblemsBy K. M. SmithThe book "Chiropractic and Naturopathic Mastery of Common Clinical Disorders - Concepts, Perspectives, Algorithms and Protocols" by Dr. Alex Vasquez is the most comprehensive single resource on integrated

solutions for common health problems I've ever come across. With regard to content, this book is a monster. It's 622 pages long and is jam packed with ideas which cover lifestyle modification, botanical / nutritional / supplementation solutions and physical medicine (chiropractic rehab) solutions for a variety of problems.The book covers orthopedic/rheumatological problems as well as type-O "organic" diseases (including hypertension, diabetes, immunology, allergy, asthma, autoimmune disease, and much more). The content is highly evidence based and each section includes a LOT of reference citations (most of which come from peer reviewed index medicus journals). I totally disagree with the previous review regarding the book's organization. I believe it is extremely well organized. It's very easy to look up any topic and quickly find answers to your questions. At the front of the book is a table of contents and there is a comprehensive index at the back. So I have no idea why the other reviewer had such an issue with the organization.This book exceeded my expectations with regards to the quantity, quality and organization of it's content. It deserves to be in the library of every clinician who practices functional medicine, chiropractic and naturopathy. I would give it six stars if that were possible. Congratulations to Dr. Vasquez for writing such a magnificent book. I believe it is destined to become a classic.Dr. Kevin M. SmithBethel Park, PennsylvaniaAuthor: "Modern Chiropractic - The Way To A Pain-Free Lifestyle"2 of 2 people found the following review helpful. Great informationBy HebDr Alex is extremely knowledgable, incorporation of three or four degrees in medicine he holds all in one book. It is the future of medicine0 of 0 people found the following review helpful. WOW!By PeteWhat a great rescource for the practioner that is searching to the truth. I use this book in my practice every day.

This book has been replaced in 2016 by the new edition: Inflammation Mastery, 4th Edition ISBN: 0990620484; 978-0990620488 (1,180 pages in color, providing more than 20 hours of video access). Chiropractic and Naturopathic Mastery of Common Clinical Disorders is a clinically-oriented textbook that introduces and reviews concepts in the assessment and management of the acute and chronic disorders most common in clinical practice: hypertension, diabetes mellitus type-2, immunonutrition, immunorestoration, viral infections, dyslipidemia, musculoskeletal pain, mood disorders (especially depression and anxiety), and allergy and asthma. Patients are increasingly looking for nondrug and nonsurgical methods for the alleviation of disease and the promotion of optimal health; Chiropractic and Naturopathic Mastery of Common Clinical Disorders provides you with the fundamental information needed for the successful integrative management of the most common conditions seen in the holistic practice of integrative medicine. With several thousand citations to the biomedical literature and about 600 pages of clinically-oriented protocols, this book provides enough information to manage a wide range of conditions successfully with evidence-based protocols. Students at chiropractic/naturopathic/osteopathic/allopathic medical colleges will find Chiropractic and Naturopathic Mastery of Common Clinical Disorders to provide a needed blend of concepts as well as the practical how to information on patient management that is often neglected in other textbooks or which can only be obtained after years of clinical experience. This book will help you synthesize your courses in physical examination, manipulation, physiotherapy, nutrition, botanical medicine, neurology and therapeutic exercise into a cohesive set of skills that enables you to effectively help your patients overcome their acute/chronic health problems while you simultaneously promote optimal health--wellness--by looking at the bigger picture of their overall health rather than simply focusing on the problem. Chiropractic and Naturopathic Mastery of Common Clinical Disorders is a compilation of the most popular chapters from Dr Vasquez's previous editions of Integrative Orthopedics and Integrative Rheumatology with brand-new chapters on Asthma, Diabetes Mellitus Type-2 and Metabolic Syndrome, Hypertension, Disorders of Mood and Behavior, and Acute/Chronic Viral Infections. These new chapters help doctors extend their mastery beyond the musculoskeletal specialization detailed in Dr Vasquez's first three textbooks (Integrative Orthopedics, Integrative Rheumatology, and Musculoskeletal Pain: Expanded Clinical Strategies) to treat a much broader range of clinical problems and thus to achieve higher levels of clinical success. With these new chapters in addition to the time-tested chapters from his previous books, Dr Vasquez offers students and clinicians access to evidence-based protocols written specifically written for the successful private practice of chiropractic and/or naturopathic medicine.

About the AuthorAbout the Presenter and Author: Dr Alex Vasquez holds three doctoral degrees as a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). Dr Vasquez is the author of many textbooks, including Integrative Orthopedics (2012), Integrative Rheumatology (2014), Musculoskeletal Pain: Expanded Clinical Strategies (published by the Institute for Functional Medicine, 2008), Chiropractic and Naturopathic Mastery of Common Clinical Disorders (2009), Integrative Medicine and Functional Medicine for Chronic Hypertension (2011), Fibromyalgia in a Nutshell (2012), Migraine Headaches, Hypothyroidism, and Fibromyalgia (2012), and Mitochondrial Nutrition and Mitochondrial Medicine for Primary Care Conditions (2014). "DrV" has also written more than 100 letters and articles for professional magazines and medical journals such as British Medical Journal (BMJ), TheLancet.com, Annals of Pharmacotherapy, Journal of Clinical Endocrinology and Metabolism, Journal of the American Medical Association

(JAMA), Alternative Therapies in Health and Medicine, Journal of the American Osteopathic Association (JAOA), Journal of Manipulative and Physiological Therapeutics (JMPT), Current Allergy and Asthma Reports, Integrative Medicine, and Arthritis Rheumatismthe Official Journal of the American College of Rheumatology. Dr Vasquez lectures worldwide to healthcare professionals and provides expert consultations to physicians and patients internationally. Dr Vasquez is the Chief Editor of International Journal of Human Nutrition and Functional Medicine (Int J Hum Nutr Funct Med .ORG) , and he helps moderate the nutrition and functional medicine forum at NutritionAndFunctionalMedicine.org/edu. A description of Dr Vasquez's other projects, books, audios, and videos is updated at his website InflammationMastery.com with patient consultation information located at HealGrowThriveMedicine.com. All of DrV's books are available on .com with videos at Vimeo.com/DrVasquez and audio recordings of lectures at iTunes. Interested readers should be aware that all of Dr Vasquezs books are currently being reformatted and updated for full-color printing with presentation slides and accompanying videos starting with Functional Inflammology Volume 1 in 2014; see FunctionalInflammology.com.