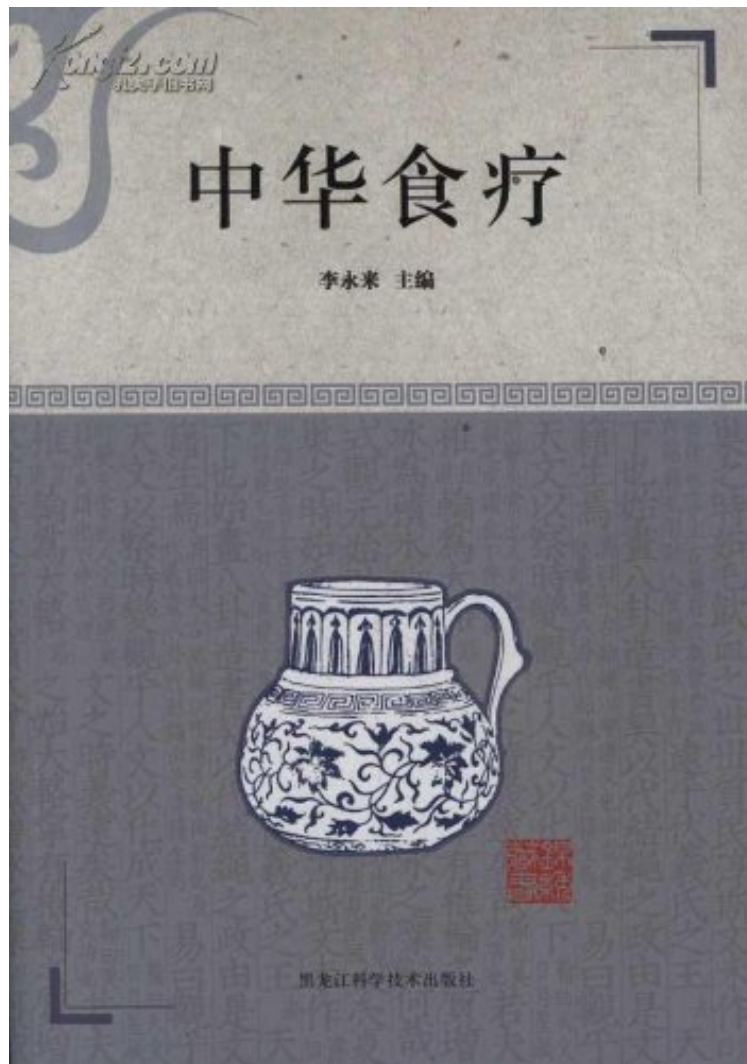


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Chinese Diet Therapy (Chinese Edition)

li yong lai

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li yong lai : Chinese Diet Therapy (Chinese Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Chinese Diet Therapy (Chinese Edition):

Dietology is an important part of traditional Chinese medicine. There is a saying Food and Medicine Have the Same Source known in Chinese medicine, and the legend of ""Shen Long Tasted Hundreds of Herbs"" has demonstrated food was the source of Chinese medicine. In ancient time, doctors relied on diet therapy to cure illness. Thus, some

little illness can be recovered like miracle through eating ordinary food such as garlic and onion prescribed by doctors.