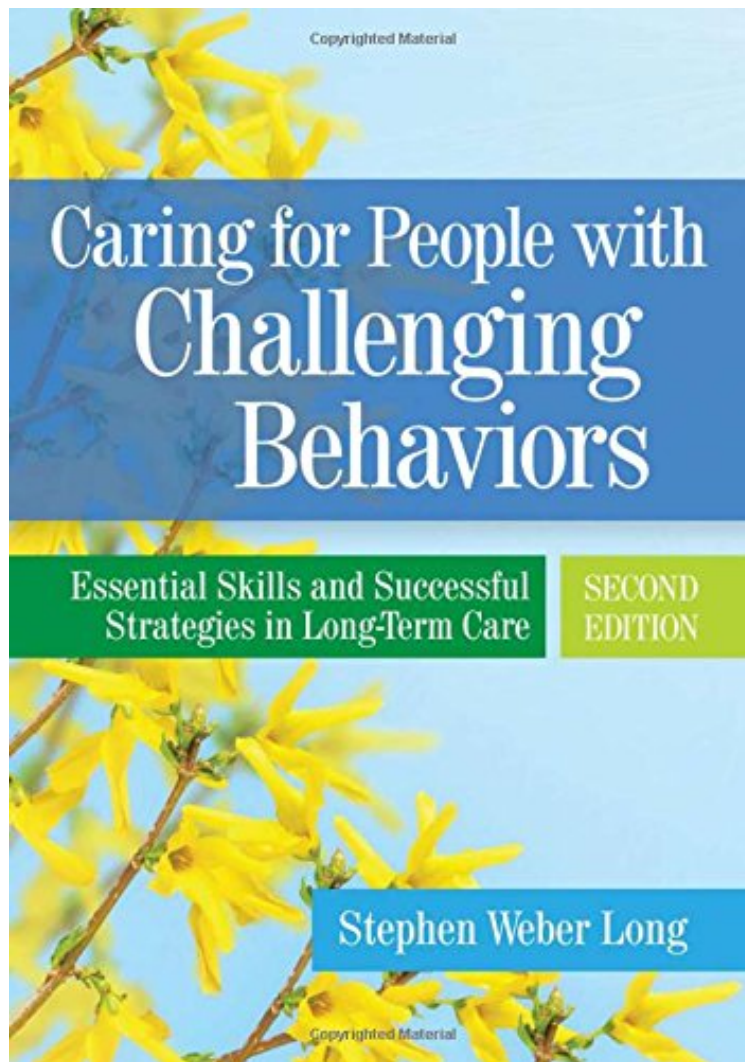


(Download) Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care

Caring for People with Challenging Behaviors: Essential Skills and Successful Strategies in Long-Term Care

Stephen Long Ph.D.

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Learn to prevent, reduce, or eliminate disruptive behaviors at your long-term care facility with the practical strategies in this book. Nearly 80% of long-term care residents exhibit some level of challenging behavioral expressions stemming from a wide range of factors including depression, personal distress, declining physical function, or dementia. A 2015 National Mature Media award winner, this resource for professional and home-based caregivers provides easy-to-understand and powerfully effective ways to prevent or reduce the challenging behaviors of care recipients. Care partners will learn how to use proven intervention tools and strategies to identify and satisfy the needs that underlie challenging behaviors, and encourage and reinforce positive behaviors. **INCLUDES:** Exercises, forms, posters, and 40+ handouts as downloadable PDFs; intervention and behavior tracking forms; stress-management techniques to help caregivers; case studies and instructional displays; a five-step treatment plan using a preventative approach. This user-friendly book can be used for in-service training of long-term care staff, as a curriculum for students, in workshops for family caregivers, or as a reference for mental health professionals.

"a well-written, practical guide for dealing with a wide range of problem behaviors." --Victor Molinari, Ph.D., ABPP, Louis de la Parte Florida Mental Health Institute, University of South Florida "[this] book is outstanding...[it] not only effectively captures key human relationship and organizational needs, [it] presents the material in a way that can be easily understood and taught in residential settings that often cannot devote more than small blocks of time to training." --Catherine Johnson, Psy.D., Licensed Long-Term Care Administrator, Minnesota "[This book] uses rich and compelling case material to make behavioral approaches come alive for the direct care staff." --Michael A. Smyer, Ph.D., Professor of Psychology, Boston College

About the Author Stephen Weber Long, Ph.D., is a psychologist and psychoanalyst. Dr. Long practices psychoanalytic psychotherapy. He has provided staff training to extended-care facilities in the United States, and has served as a consultant to extended-care administrators and supervisors.