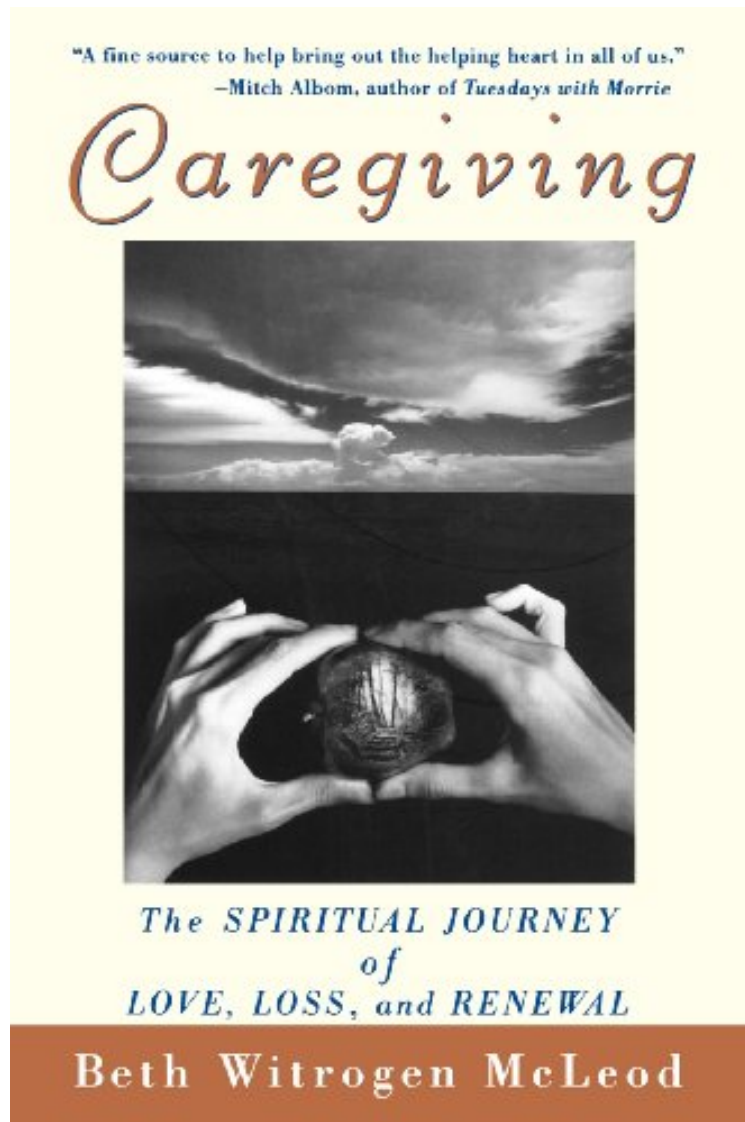


(Download free pdf) Caregiving: The Spiritual Journey of Love, Loss, and Renewal

Caregiving: The Spiritual Journey of Love, Loss, and Renewal

Beth Witrogen McLeod
audiobook / *ebooks / Download PDF / ePub / DOC



DOWNLOAD



READ ONLINE

#182756 in Books Beth Witrogen McLeod 2000-08-04 2000-08-04Original language:EnglishPDF # 1 8.61 x .76 x 6.86l, .76 #File Name: 0471392170274 pagesCaregiving The Spiritual Journey of Love Loss and Renewal | File size: 59.Mb

Beth Witrogen McLeod : Caregiving: The Spiritual Journey of Love, Loss, and Renewal before purchasing it in order to gage whether or not it would be worth my time, and all praised Caregiving: The Spiritual Journey of Love, Loss, and Renewal:

0 of 0 people found the following review helpful. Incredibly helpfulBy Judith T WilliamsI believe this book is one of the most valuable resources a caregiver could own. I have used the book professionally as an Oncology RN and

personally to help me find my way through my mother's last chapter of her life and now as caregiver for my husband who has dementia. The author provides practical advice and resources and also shares her inspirational personal story of caregiving and finding her way through grief and back home to a "new normal". I have also purchased this book to several friends who have found themselves in the role of caregiver. 0 of 0 people found the following review helpful. Awesome book if you are a caregiver By Kevin Packer Awesome book if you are a caregiver. Gives excellent spiritual advice without being preachy. McLeod tells stories of many other caregivers in a kind and gentle voice. It's a great read 0 of 0 people found the following review helpful. Beautifully written. By Ron Mann Very uplifting for a rather depressing subject. Highly recommend it for all caregivers and family members.

Helping your family and loved ones when they need you most ""Caregiving"" has a big heart-on a much-needed topic. A rare book of spiritual and practical wisdom."--Sue Bender, author of ""Plain and Simple"" and ""Everyday Sacred"" ""A poignant, wise, and in-the-trenches view of caregiving that is both practical and spiritual, especially of value to midlife adults."--Jean Shinoda Bolen, M.D., author of ""Goddesses in Everywoman"" and ""Close to the Bone"" ""Lovely. . . Beth McLeod's experience and wisdom shine through as she shares her heartfelt journey of loss, surrender, hope, and healing."--David Simon, M.D. medical director, the Chopra Center for Well Being, author of ""Vital Energy"" and ""Return to Wholeness"" Sooner or later it will touch us all: A family member or loved one becomes ill or disabled, and we step in to help. This is caregiving, and in this powerful, unique book, prizewinning writer and advocate Beth Witrogen McLeod leads us through the caregiving journey with unflinching authority and compassion. Framed by the author's personal odyssey as a caregiver and richly informed by the inspiring and poignant tales of others, ""Caregiving"" explores medical and financial problems, all aspects of spirituality, and such issues as depression, stress, housing, home care, and end-of-life concerns. A rare blend of powerful storytelling and practical information, ""Caregiving"" is a revelation.

From the Inside Flap "By my old professors side, I learned the precious value of caregiving. I am grateful that Beth McLeod has put together a fine source to help bring out the helping heart in all of us." Mitch Albom author of Tuesdays with Morrie Sooner or later it will touch us all: A family member or loved one becomes ill or disabled, and we step in to help. This is caregiving, and in this powerful, unique book, prizewinning writer and advocate Beth Witrogen McLeod leads us through the caregiving journey with unflinching authority and compassion. Whether it involves caring for an aging parent, an ill spouse or partner, or a disabled child, caregiving takes us into a new reality quite unlike that of our usual workaday life. Too often, we dont know where to find help or what questions to ask, and the health care system seems to get more complex every day. An indispensable guide for anyone who is or has been a caregiver or who anticipates becoming one, Caregiving includes advice from leaders in the fields of aging, medicine, finance, and spirituality. It explores medical and financial problems as well as such issues as depression, stress, housing, home care, and end-of-life concerns. The author also includes dozens of helpful resources at the back of the book. Framed by the authors personal odyssey as a caregiver, Caregiving is richly informed by the inspiring and poignant tales of other caregivers. Caregiving shows that while at first we experience the dark night of the soul, through service to others we can discover our true nature and develop lovingkindness and compassion; through caregiving we can see the renewal of both self and community. Personal transformation has been witnessed in sacred traditions throughout human history, and in Caregiving Beth McLeod draws on the wisdom of Buddhism, Judaism, Christianity, Islam, and shamanism, and on the writings of current and past spiritual figures, to illuminate the way. A rare blend of powerful storytelling and practical information, Caregiving is a revelation. From the Back Cover Helping your family and loved ones when they need you most ""Caregiving"" has a big heart-on a much-needed topic. A rare book of spiritual and practical wisdom."--Sue Bender, author of ""Plain and Simple and Everyday Sacred"" ""A poignant, wise, and in-the-trenches view of caregiving that is both practical and spiritual, especially of value to midlife adults."--Jean Shinoda Bolen, M.D., author of ""Goddesses in Everywoman"" and ""Close to the Bone"" ""Lovely. . . . Beth McLeod's experience and wisdom shine through as she shares her heartfelt journey of loss, surrender, hope, and healing."--David Simon, M.D. medical director, the Chopra Center for Well Being, author of ""Vital Energy"" and ""Return to Wholeness"" Sooner or later it will touch us all: A family member or loved one becomes ill or disabled, and we step in to help. This is caregiving, and in this powerful, unique book, prizewinning writer and advocate Beth Witrogen McLeod leads us through the caregiving journey with unflinching authority and compassion. Framed by the author's personal odyssey as a caregiver and richly informed by the inspiring and poignant tales of others, ""Caregiving"" explores medical and financial problems, all aspects of spirituality, and such issues as depression, stress, housing, home care, and end-of-life concerns. A rare blend of powerful storytelling and practical information, ""Caregiving"" is a revelation.