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Lisa Byrd

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Caregiver Survival 101:

*Strategies to Manage
Problematic Behaviors
Presented in Individuals with
Dementia*

by Lisa Byrd, PhD, FNP-BC, GNP-BC, Gerontologist

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Lisa Byrd : Caregiver Survival 101: Strategies to Manage Problematic Behaviors Presented in Individuals with Dementia before purchasing it in order to gage whether or not it would be worth my time, and all praised Caregiver Survival 101: Strategies to Manage Problematic Behaviors Presented in Individuals with Dementia:

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Caregiver Survival 101: Strategies to Manage Problematic Behaviors Presented in Individuals with DementiaDementia can be debilitating and life-altering not only for the person with the disease, but also for family members and caregivers. This book was written to help these caregivers and family members better understand dementia and its effects, so they can proactively avert or lessen problematic behaviors while maintaining a climate of respect and compassion.The management approaches presented are based on research and best practices, as well as the authors personal and professional experiences. She provides unique insights into the causes, presentations, diagnosis, and management strategies for the various dementias, including Alzheimers disease.Through the poignant and personal story about her mother, who was diagnosed with dementia and passed away in 2009, the author shares three very important lessons:* Dementia is a devastating physical, as well as psychological, disease which affects every person differently* Caregivers ultimately have no control; they can only strategically manage events in an attempt to lessen the problems brought on by dementia* Patience and understanding are the keys to caregiver survival

About the AuthorAbout the Author: Lisa Byrd, PhD, CFNP-BC, GNP-BC,is a Gerontologist and Certified Nurse Practitioner with an extensive background in the care of older adults in both nursing homes and outpatient clinics. She is a nationally-recognized speaker, author, and successful business owner, with a wealth of experience managing the behavioral problems caused by various dementias.