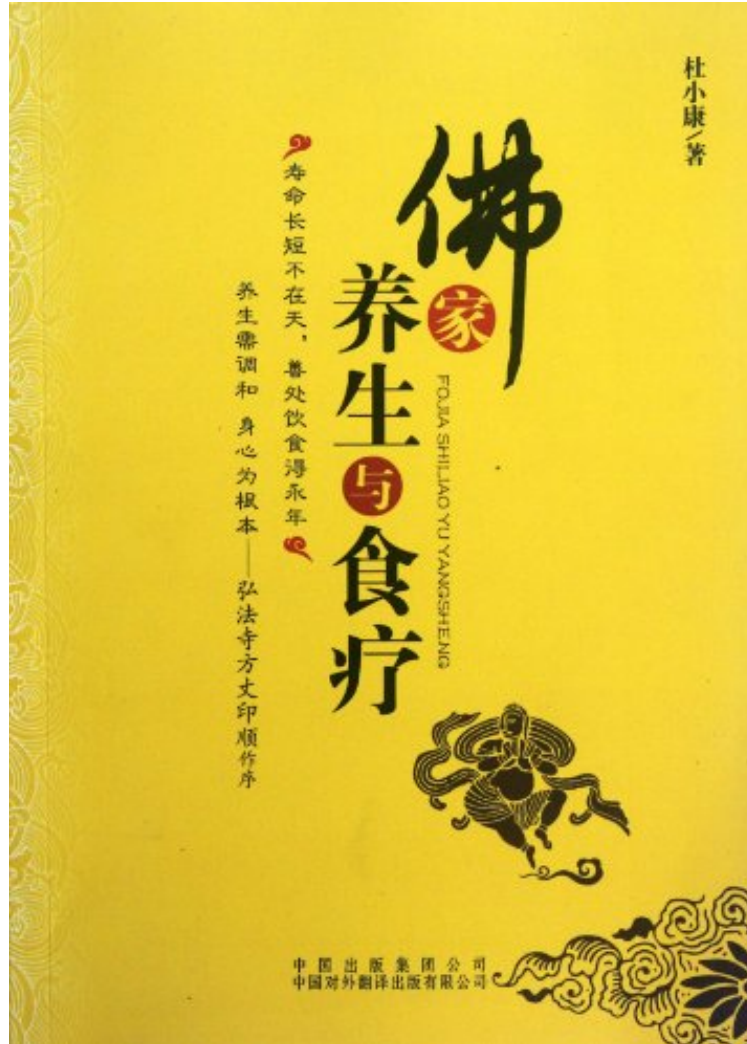


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## Buddhist Health Preserving and Diet Therapy (Chinese Edition)

*dong xiao kang*

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**dong xiao kang : Buddhist Health Preserving and Diet Therapy (Chinese Edition)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Buddhist Health Preserving and Diet Therapy (Chinese Edition):

Through presenting the Chinese medicine diet therapy and Buddhist health preserving, this book helps more people involve to sense the fascination of Buddhism and traditional Chinese medicine health preserving, thus further improve life quality and value. Over thousands of years, our different cultures in different areas have resulted in different diet habits and structures, where both scientific and unscientific factors exist. So we should combine modern science to

initiate the new culture of diet.