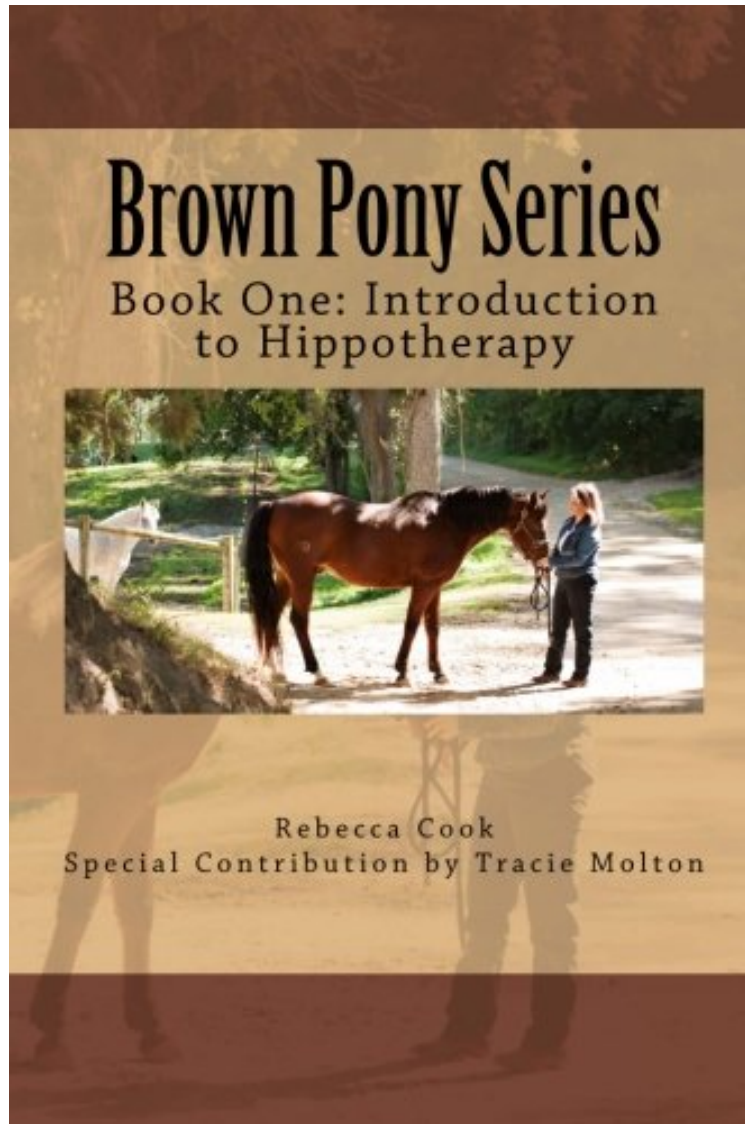


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## **Brown Pony Series: Book One: Introduction to Hippotherapy (Volume 1)**

*Rebecca Cook*

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**Rebecca Cook : Brown Pony Series: Book One: Introduction to Hippotherapy (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Brown Pony Series: Book One: Introduction to Hippotherapy (Volume 1):

1 of 1 people found the following review helpful. A valuable introductionBy TaniaThe books is a great explanation of Hippotherapy. Also, it lays out simply, clearly and thoroughly issues of horse-rider compatibility, insurance coverage,

how to find the right therapist and more. It is also a calming read - it offers a sort of Zen effect as if all is right in the universe. Very nice. The drawings are on point and add to the overall positive impression. I am a lifetime horse person as a trainer, competitor and participant in eventing, polo and foxhunting and I am a professional equine appraiser - I can attest to the book's veracity as far as its discussion of horses. The book describes well which behaviors might create equine stress which helps a reader decide if this is the right therapy in the first place. Well done. I look forward to the rest of the series. 0 of 0 people found the following review helpful. Gave a good understanding of hippotherapy. By J. Herrick Brown Pony Book I starts with the story of an autistic child and the changes in his life which he achieved through hippotherapy. It then relates the basics of hippotherapy. A good book for any parent or professional who wants to know more about the things hippotherapy can do to help a child and a good book for anyone who wants to know more about this growing type of therapy. 0 of 0 people found the following review helpful. Excellent Read. By Customer The chapter about insurance coverage is worth the price of the book for sure. The author truly unraveled the mysteries of therapy, horses and people for me. A book for educators, therapists and anyone who has a special needs person in their life.

Hippo is the Greek word for horse and Hippotherapy is therapy with the help of a horse. Sit back and enjoy learning about hippotherapy in Book One of the Brown Pony Series. Your journey begins with a touching and true vignette, one family's experience of hippotherapy treatment with their child who has autism. Through this endearing child's story, you'll learn some of the amazing benefits when people with disabilities partner with horses in the therapy arena. Do you really know the differences between hippotherapy and therapeutic riding? Clearly learn why this is important and how to choose a program that meets a child's needs. Were you aware that horse activities may be contraindicated for a person? The Achilles Heel is exposed! Book One finishes with a bonus discovery section on how to find out if insurance will cover your therapy. What books are available in the Brown Pony Series? Book One: Introduction to Hippotherapy Book Two: Risk Management and Safety in Hippotherapy Book Three: Considering Hippotherapy in Your Career Plans Book Four: The Business of Hippotherapy PLUS [Barn Rules: A Companion Book to the Brown Pony Series - A teaching tool of basic barn rules in social stories and pictures for instructors, riders, parents, and volunteers.](#) [Tally Up: A Companion Book to the Brown Pony Series - Checklists created from a task analysis of showmanship and riding skills that can be used to improve understanding of a Judge's class placings and to provide a foundation of skills to practice for competition.](#) Also, a great breakdown of skills for an instructor to use in lesson planning. [Safe Horse Handling: A Companion Book to the Brown Pony Series - Increase awareness of common sense safety to implement when working around horses. Some of the tips may be inadvertently overlooked until there is an accident. Great for equine instructors, therapeutic riding volunteer training, and equine assisted activity and therapy programs.](#) [Incorporating Games in Hippotherapy: A Companion Book to the Brown Pony Series - Play is the "work" of the child \(and the de-stressor of the adult\). Play engages the whole person: imagination, emotion, cognition, and engagement, along with the physical skills components of the game activities. Games can build in a reason for completing various ring figures, speed changes, stops and starts. Learn ideas for layering on goal-oriented game activities in a hippotherapy session.](#)

About the Author Rebecca Cook is an Occupational Therapist and Hippotherapy Clinical Specialist with 20 years of private practice experience combining horses, people and therapy. She is also a PATH International certified riding and driving instructor, is certified as a PATH International equine specialist in mental health and is a certified Centered Riding Instructor. Rebecca taught the Hippotherapy Business course for Western Michigan University and teaches classes for Michigan State University Extension Proud Equestrian's Program. She has presented her research at every American Hippotherapy Association national conference for the past six years. Rebecca's research on hippotherapy has been published nationally (AHA Hippotherapy Journal issues Winter 2007, Summer 2012, and Summer 2013; and AOTA Press "Enhancing Human Occupation through Hippotherapy") and she has been published internationally through *Horses in Education and Therapy International* 2011 Annual Scientific Journal of Therapeutic Riding. Rebecca has offered internship opportunities in Occupational Therapy to undergraduate, graduate, and doctoral level students.