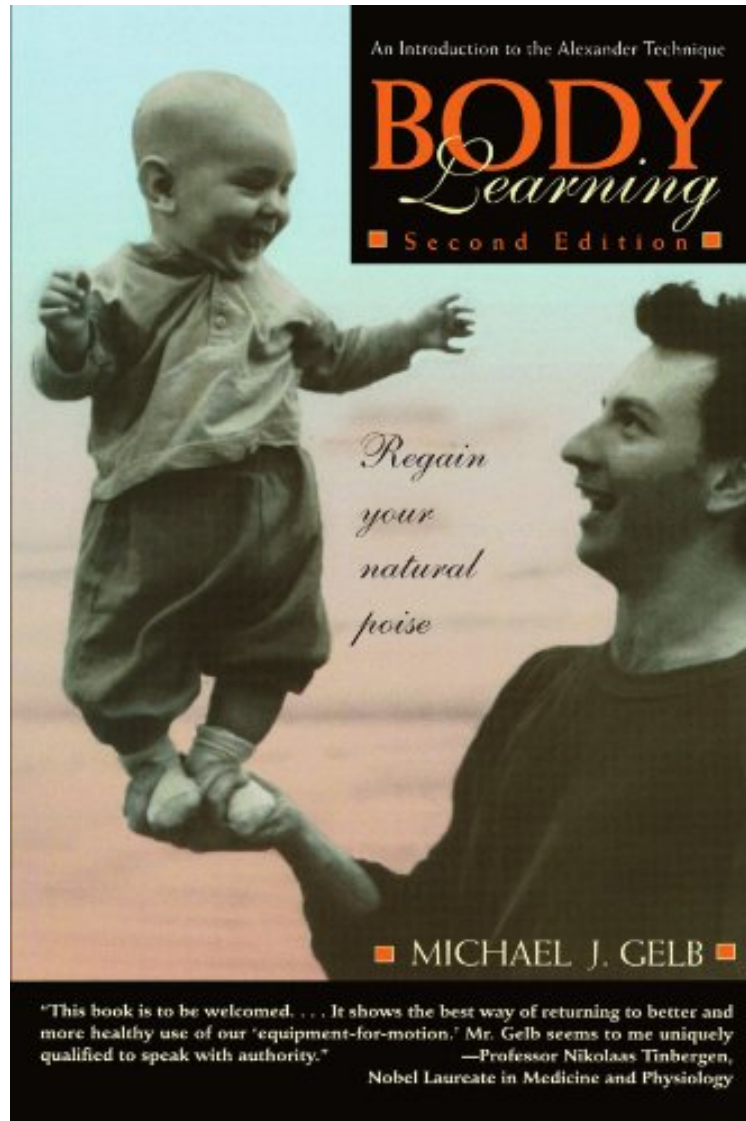


Body Learning: An Introduction to the Alexander Technique, Second Edition

Michael J. Gelb

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