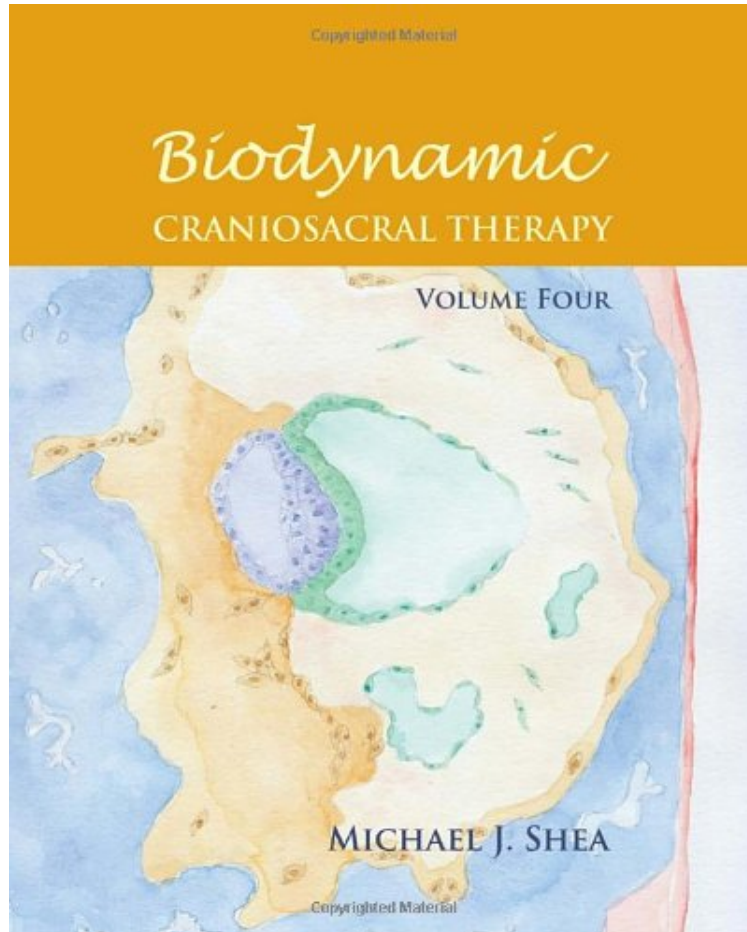


(Mobile ebook) Biodynamic Craniosacral Therapy, Volume Four

Biodynamic Craniosacral Therapy, Volume Four

Michael J. Shea Ph. D.

*ePub | *DOC | audiobook | ebooks | Download PDF*



[Download](#)

[Read Online](#)

#1540192 in Books 2012-04-17 2012-04-17 Original language: English PDF # 1 9.96 x .87 x 8.011, 1.58 #File Name: 1583943730320 pages | File size: 44.Mb

Michael J. Shea Ph. D. : Biodynamic Craniosacral Therapy, Volume Four before purchasing it in order to gauge whether or not it would be worth my time, and all praised Biodynamic Craniosacral Therapy, Volume Four:

0 of 0 people found the following review helpful. Biodynamic cranial sacral book awesome By Evie B This book is very informative! Great reference book for all body workers and alternative healers. 0 of 0 people found the following review helpful. Great product By Lauren Varney Always good to get the latest information from Michael Shea. I appreciate your timely service and the great price. The methods he uses are of great importance.

Interest in craniosacral therapy has exploded in recent years; not surprising given its gentle, effective approach to working on the spine and the skull and its cranial sutures, diaphragms, and fascias. The treatment focuses on the 92 percent of the human body composed of living water, rather than the eight percent that most therapies address. Building on the previous books, which explored underlying principles, differentiating the components of the practice, and combining theory and practice, this volume illustrates the evolution of craniosacral therapy over the past 30 years.

More than 50 hand positions are presented in detailed photographs—many with multiple views—each of which can be used immediately and effectively. Additional chapters focus on the correct use and boundaries of the therapist's hands, a precise sequence to follow when practicing biodynamically, and working with the therapist's perception of the therapeutic process. Written for practitioners in the fields of massage, mental health, complementary and alternative medicine, and chiropractics, this book, like the others in the series, is equally useful read on its own or in sequence.

"There is a great deal more to savor in this latest addition to Shea's craniosacral series, which skillfully explores a number of important themes, including the practitioner-client relationship, the influence of practitioner somatic awareness, attunement, new findings in neurobiology, nutritional insights, practical tips for the application of craniosacral work, and further reflections about embryological organizing forces. The book contains straightforward illustrations and photos of numerous hand positions, outlines cutting-edge principles, and provides a valuable resource for the discerning practitioner. Once again, Michael Shea pushes the envelope of craniosacral practice by offering fresh insights with clarity, precision, and love."—Michael Kern, DO, BCST, RCST, ND, course director of the Craniosacral Therapy Educational Trust in London and author of *Wisdom in the Body*"Michael Shea has once again written a text that will be of great use to all manner of health professionals. His precision in describing the theoretical underpinnings of this work—coupled with his ability to make clinical application straightforward and clear—bodes well for all of us who work for the well-being of the whole person. Of particular import is his understanding of the interrelatedness of body structures with behavior and with interpersonal relationships. Not only does he weave together the body and mind, but he also stitches together the individual and the world in a seamless continuum."—Christine Caldwell, PhD, LPC, BC-DMT, NCC, ACS, professor of Somatic Counseling Psychology at Naropa University"Michael Shea continues to weave deepening layers of science, wisdom, and skills with the aesthetics of biodynamic craniosacral therapy. He gathers essences from the masterful in developmental and interpersonal neuroscience, infant mental health and attachment, prenatal and perinatal psychology, biodynamic embryology, and holography to form a tapestry of understanding that beautifully informs his approach. As a master teacher, he provides not only a clear presentation of the theory, but also wonderfully specific and clear guidance for the practitioner to learn new skills, practice them, and provide that support for their clients' integration and wholeness at the deepest levels."—Wendy Anne McCarty, PhD, RN, author of *Welcoming Consciousness* and founding chair and faculty, Prenatal and Perinatal Psychology, Santa Barbara Graduate Institute"Michael's contribution to biodynamics is huge. His books enter the intricacies of the work and take the reader and practitioner to the depths of inquiry into the nature of life, its unfolding, and its dimensions.... This is a wonderful addition to his first three volumes, and I highly recommend it."—Franklyn Sills, founder and director of the Karuna Institute and author of *Craniosacral Biodynamics* and *The Polarity Process*About the AuthorMichael J. Shea, PhD, was one of the first certified Full Instructors of Craniosacral Therapy in 1986 by the Upledger Institute. He teaches human embryology in the pre- and perinatal psychology doctoral programs at the Santa Barbara Graduate Institute. A student of His Holiness the Dalai Lama since 1986, he lives in Juno Beach, FL.