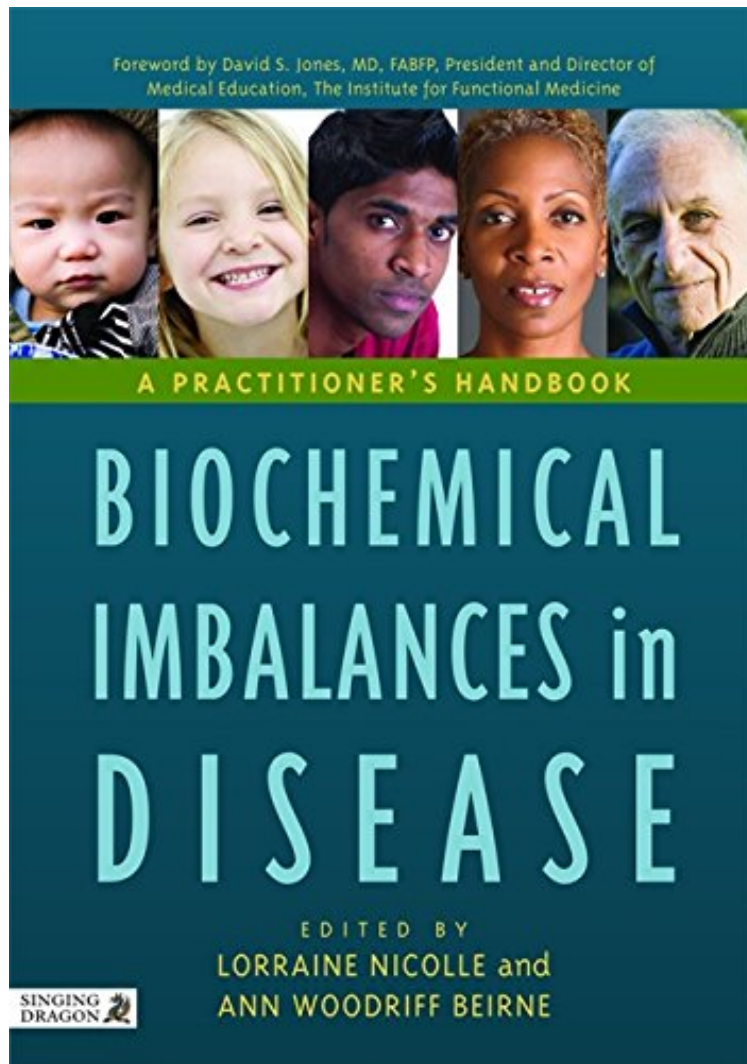


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Biochemical Imbalances in Disease: A Practitioner's Handbook

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From Singing Dragon : Biochemical Imbalances in Disease: A Practitioner's Handbook before purchasing it in order to gage whether or not it would be worth my time, and all praised Biochemical Imbalances in Disease: A Practitioner's Handbook:

1 of 1 people found the following review helpful. This is cutting edge stuff, very informativeBy clinton m quinnEssential for all health professionals or students who are studying in this field of work, I could not put it down.The text is straight forward and easy to understand that puts another perspective on how the body works and how to heal it1 of 1 people found the following review helpful. Five StarsBy Dominique MorvanExplain very well how functional medecine works.3 of 3 people found the following review helpful. Functional Medicine, Nutrition and

DiseaseBy Scotty13Biochemical Imbalances in Disease-A Practitioners HandbookEdited by Lorraine Nicolle Ann Woodriff BeirneSinging Dragon PublishersISBN: 978 1848190337This text has been written by two experts in the field of Functional Medicine, a field which has been rapidly developing within science over the last four decades. Functional medicine recognizes the concept of biochemical individuality as first described by Roger Williams who provided evidence to suggest that each of us has a unique genetic background which provides us with an internal biological system that may be quite different from our neighbor, both in terms of basic anatomy as well as cellular function. The implications to accepting this idea are immense in its implications, as we have to make all further investigative research and proposed treatment methods patient-centered. We cannot practice functional medicine by making the patient fit the medical approach proposed, you have to start and finish with the individual. This proposal also tends to contradict conventional science which in today's world develops a medicine or technology then finds an illness to attach itself to.Functional Medicine is a science-based field of healthcare that is grounded in the following principles:* Biochemical individuality* Patient centered care* Dynamic balance of internal and external factors* Web-like interconnections of physiological factors* Health as a positive vitality and the promotion of organ reserveBiochemical Imbalances in Disease uses extended evidence-based case studies to discuss in detail all the essentials needed to develop effective clinical application. Topics such as distinguishing differing types of biochemical imbalances; using case history to identify imbalance; how biochemical imbalances implicate in common chronic disorders; how to design and implement effective nutritional change. I particularly enjoyed the chapters written by Kate Neil, whose work I'm familiar with on sex hormone imbalance. I also found Michael Ash's contribution on dysregulation of the immune system and the gastro-intestinal system influence really interesting and with obvious application on the aetiology of complex illness patterns. It may well be that `all armies fight on their stomachs'-it would seem that many disorders do likewise!There is extensive coverage of metabolic imbalance-these can be subdivided into digestive, absorptive, and microbiological imbalances;* detoxification and biotransformation imbalances;* oxidation-reduction imbalances and mitochondriopathies;* hormonal and neurotransmitter imbalances;* immune and inflammatory imbalances;* structural imbalances, from cellular membrane function to musculoskeletal systemAll of the chapters are very readable, intelligent, and give much food for thought (pardon the pun!) and are likely to be of interest to all who value the contribution diet and nutrition plays in healthcare. Thoroughly excellent textbook.Donald Scott ND DO

Biochemical imbalances caused by nutritional deficiencies are a contributory factor in chronic illnesses such as cardiovascular disease, diabetes, auto-immune conditions and cancer. This handbook for practitioners explains how to identify and treat such biochemical imbalances in order to better understand and manage a patient's ill-health. The book examines a range of biochemical imbalances, including compromised adrenal or thyroid function, gastro-intestinal imbalances, immune system problems and sex hormone imbalances, and explains how and why such states occur. It pulls together a wide range of evidence to show how such imbalances are involved in the most common chronic diseases. It helps practitioners to understand how to identify the imbalances through appropriate case history taking and laboratory testing, and how to design and implement effective nutritional interventions. Developed by leading academics and practitioners in the fields of nutritional therapy and functional medicine, this evidence-informed approach can be used with all patients who present in clinic, regardless of whether or not they have a 'named medical condition'. In the final chapter, a case example illustrates how to use the theoretical information in the practice of treating patients with chronically compromised health. Biochemical Imbalances in Disease is an essential text for nutritional therapy practitioners, as well as for students, and will be welcomed by complementary and conventional healthcare practitioners alike.

Biochemical Imbalances in Disease will prove to be an important publication that adds to the expanding body of literature about functional medicine (FM)...The authors' careful explanations in this volume illustrate how clinical practice, coupled with skills learned through rigorous training in FM, can successfully bring to the therapeutic relationship real patient-centred answers for chronic, complex illnesses. -- from the Foreword by David S. Jones, MD, FABFP, President and Director of Medical Education, The Institute of Functional Medicine if, on the other hand, you are interested in revising your biochemistry and physiology and looking critically at the evidence and possibilities for individualised nutritional interventions to optimise health then here you have a valuable source of reference to use to extend and inform your practice. -- Journal of Herbal Medicine if, on the other hand, you are interested in revising your biochemistry and physiology and looking critically at the evidence and possibilities for individualised nutritional interventions to optimise health then here you have a valuable source of reference to use to extend and inform your practice. (Journal of Herbal Medicine)Biochemical Imbalances in Disease will prove to be an important publication that adds to the expanding body of literature about functional medicine (FM)...The authors' careful explanations in this volume illustrate how clinical practice, coupled with skills learned through rigorous training in FM, can successfully bring to the therapeutic relationship real patient-centred answers for chronic, complex illnesses. (from the Foreword by David S. Jones, MD, FABFP, President and Director of Medical Education, The Institute of Functional

Medicine)About the AuthorLorraine Nicolle MSc is a nutritional therapist with a regular clinic at a London-based natural health centre (www.greenwichnaturalhealth.co.uk). Lorraine is also a lecturer in nutrition and nutritional therapy at Thames Valley University, London. In addition, she undertakes nutrition consultancy and training for various organisations in the healthcare, educational and business consultancy sectors. Ann Woodriff Beirne is based in Morisset, Australia. After achieving a BSc (Hons) in Food Science, Ann worked as a biomedical scientist for 10 years, gaining an MSc in Applied Immunology before moving into complementary therapy. She also has experience of lecturing on nutritional therapy, and was sub-editor of *The Nutrition Practitioner* for three years.